



Neonatal Committee 2019 Progress

The Neonatal Committee was reengaged this year with the leadership of Marilyn Rigby, DNP, APRN, NNP-BC. The committee discussed various next project ideas including a CMV Registry, Recognition of Encephalopathy and Golden Hour. Based on a project selection matrix voting by committee members, The Golden Hour will be the focus for 2020. “Golden Hour” is defined as the first hour of an infant’s life following delivery. The “Golden Hour” concept involves practicing evidence based interventions for term and preterm neonates for better long-term outcomes. “Golden Hour” in the initial sixty minutes of postnatal life includes[i]:

- Neonatal resuscitation
- Post-resuscitation care
- Transportation of sick newborn to neonatal intensive care unit
- Respiratory and cardiovascular support
- Initial course in nursery

The committee is excited to determine the project scope and start the quality improvement initiative in 2020. They are hoping that this will bring out the “we” in UWNQC. If you are interested in helping with this project, please reach out to Marilyn Rigby Marilyn.Rigby@imail.org or UWNQC@utah.gov.