Before Pregnancy

First, we would like to ask a few questions about you and the time before you got pregnant with your new baby.

1. At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things? For each item, circle Y (Yes) if you did it or circle N (No) if you did not.

- a. I was dieting (changing my eating habits) to lose weight . . . . . . . . . . . . . . N Y
- b. I was exercising 3 or more days of the week . . . . . . . . . . . . . . . . . . . . N Y
- c. I was regularly taking prescription medicines other than birth control . . . N Y
- d. I visited a health care worker to be checked or treated for diabetes . . . N Y
- e. I visited a health care worker to be checked or treated for high blood pressure . . . . . . . . . . . . . . N Y
- f. I visited a health care worker to be checked or treated for depression or anxiety . . . . . . . . . . . . . . N Y
- g. I talked to a health care worker about my family medical history . . . N Y
- h. I had my teeth cleaned by a dentist or dental hygienist . . . . . . . . . . . . . . . . . . . . N Y

2. During the month before you got pregnant with your new baby, were you covered by any of these health insurance plans? Check all that apply

- Health insurance from your job or the job of your husband, partner, or parents
- Health insurance that you or someone else paid for (not from a job)
- Medicaid
- TRICARE or other military health care
- CHIP
- Other source(s) Please tell us:

3. During the month before you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin?

- I didn’t take a multivitamin, prenatal vitamin, or folic acid vitamin at all
- 1 to 3 times a week
- 4 to 6 times a week
- Every day of the week

4. What were your reasons for not taking multivitamins, prenatal vitamins, or folic acid vitamins during the month before you got pregnant with your new baby? Check all that apply

- I wasn’t planning to get pregnant
- I didn’t think I needed to take vitamins
- The vitamins were too expensive
- The vitamins gave me side effects (such as constipation)
- Other Please tell us:
10. **During the 3 months before you got pregnant with your new baby, did you have any of the following health problems?**
   For each one, circle **Y** (Yes) if you had the problem or circle **N** (No) if you did not.

<p>| | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Asthma</td>
<td>N</td>
<td>Y</td>
<td></td>
</tr>
<tr>
<td>b. High blood pressure (hypertension)</td>
<td>N</td>
<td>Y</td>
<td></td>
</tr>
<tr>
<td>c. Anemia (poor blood, low iron)</td>
<td>N</td>
<td>Y</td>
<td></td>
</tr>
<tr>
<td>d. Heart problems</td>
<td>N</td>
<td>Y</td>
<td></td>
</tr>
<tr>
<td>e. Epilepsy (seizures)</td>
<td>N</td>
<td>Y</td>
<td></td>
</tr>
<tr>
<td>f. Thyroid problems</td>
<td>N</td>
<td>Y</td>
<td></td>
</tr>
<tr>
<td>g. Depression</td>
<td>N</td>
<td>Y</td>
<td></td>
</tr>
<tr>
<td>h. Anxiety</td>
<td>N</td>
<td>Y</td>
<td></td>
</tr>
</tbody>
</table>

11. **Before you got pregnant with your new baby, did you ever have any other babies who were born alive?**

   - No
   - Yes

12. Did the baby born just before your new one weigh more than 5 pounds, 8 ounces (2.5 kilos) at birth?

   - No
   - Yes

13. Was the baby just before your new one born more than 3 weeks before his or her due date?

   - No
   - Yes
The next questions are about the time when you got pregnant with your new baby.

14. Thinking back to just before you got pregnant with your new baby, how did you feel about becoming pregnant?

☐ I wanted to be pregnant sooner
☐ I wanted to be pregnant later
☐ I wanted to be pregnant then
☐ I didn’t want to be pregnant then or at any time in the future

15. When you got pregnant with your new baby, were you trying to get pregnant?

☐ No
☐ Yes → Go to Question 18

16. When you got pregnant with your new baby, were you or your husband or partner doing anything to keep from getting pregnant? (Some things people do to keep from getting pregnant include not having sex at certain times [natural family planning or rhythm] or withdrawal, and using birth control methods such as the pill, condoms, vaginal ring, IUD, having their tubes tied, or their partner having a vasectomy.)

☐ No
☐ Yes → Go to Page 4, Question 20

Go to Question 17

17. What were your reasons or your husband’s or partner’s reasons for not doing anything to keep from getting pregnant?

☐ I didn’t mind if I got pregnant
☐ I thought I could not get pregnant at that time
☐ I had side effects from the birth control method I was using
☐ I had problems getting birth control when I needed it
☐ I thought my husband or partner or I was sterile (could not get pregnant at all)
☐ My husband or partner didn’t want to use anything
☐ Other → Please tell us:

18. Did you take any fertility drugs or receive any medical procedures from a doctor, nurse, or other health care worker to help you get pregnant with your new baby? (This may include infertility treatments such as fertility-enhancing drugs or assisted reproductive technology.)

☐ No
☐ Yes → Go to Page 4, Question 20

19. How many cycles of fertility treatments (complete or incomplete) did you have before you got pregnant with your new baby?

☐ 1 cycle
☐ 2 to 3 cycles
☐ 4 to 6 cycles
☐ 7 or more cycles
DURING PREGNANCY

The next questions are about the prenatal care you received during your most recent pregnancy. Prenatal care includes visits to a doctor, nurse, or other health care worker before your baby was born to get checkups and advice about pregnancy. (It may help to look at the calendar when you answer these questions.)

22. Did you get prenatal care as early in your pregnancy as you wanted?

- No
- Yes → Go to Question 24

23. Did any of these things keep you from getting prenatal care at all or as early as you wanted? For each item, circle T (True) if it was a reason that you didn’t get prenatal care when you wanted or circle F (False) if it was not a reason for you or if something does not apply to you.

<table>
<thead>
<tr>
<th>True</th>
<th>False</th>
</tr>
</thead>
<tbody>
<tr>
<td>T</td>
<td>F</td>
</tr>
<tr>
<td>T</td>
<td>F</td>
</tr>
<tr>
<td>T</td>
<td>F</td>
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<tr>
<td>T</td>
<td>F</td>
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<td>T</td>
<td>F</td>
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<td>T</td>
<td>F</td>
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<td>T</td>
<td>F</td>
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<td>T</td>
<td>F</td>
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<tr>
<td>T</td>
<td>F</td>
</tr>
<tr>
<td>T</td>
<td>F</td>
</tr>
<tr>
<td>T</td>
<td>F</td>
</tr>
</tbody>
</table>

Go to Question 24

20. How many weeks or months pregnant were you when you were sure you were pregnant? (For example, you had a pregnancy test or a doctor or nurse said you were pregnant.)

- I don’t remember

21. How many weeks or months pregnant were you when you had your first visit for prenatal care? Do not count a visit that was only for a pregnancy test or only for WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children).

- I didn’t go for prenatal care → Go to Question 23

Go to Question 22

If you did not go for prenatal care, go to Page 6, Question 29.
24. Did any of these health insurance plans help you pay for your prenatal care?

- Health insurance from your job or the job of your husband, partner, or parents
- Health insurance that you or someone else paid for (not from a job)
- Medicaid
- TRICARE or other military health care
- CHIP
- Other source(s) —— Please tell us:

- I did not have health insurance to help pay for my prenatal care

25. During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below? Please count only discussions, not reading materials or videos. For each item, circle Y (Yes) if someone talked with you about it or circle N (No) if no one talked with you about it.

<table>
<thead>
<tr>
<th>No</th>
<th>Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. How smoking during pregnancy could affect my baby</td>
<td>N</td>
</tr>
<tr>
<td>b. Breastfeeding my baby</td>
<td>N</td>
</tr>
<tr>
<td>c. How drinking alcohol during pregnancy could affect my baby</td>
<td>N</td>
</tr>
<tr>
<td>d. Using a seat belt during my pregnancy</td>
<td>N</td>
</tr>
<tr>
<td>e. Medicines that are safe to take during my pregnancy</td>
<td>N</td>
</tr>
<tr>
<td>f. How using illegal drugs could affect my baby</td>
<td>N</td>
</tr>
<tr>
<td>g. Doing tests to screen for birth defects or diseases that run in my family</td>
<td>N</td>
</tr>
<tr>
<td>h. The signs and symptoms of preterm labor (labor more than 3 weeks before the baby is due)</td>
<td>N</td>
</tr>
<tr>
<td>i. What to do if my labor starts early</td>
<td>N</td>
</tr>
<tr>
<td>j. Getting tested for HIV (the virus that causes AIDS)</td>
<td>N</td>
</tr>
<tr>
<td>k. What to do if I feel depressed during my pregnancy or after my baby is born</td>
<td>N</td>
</tr>
<tr>
<td>l. Physical abuse to women by their husbands or partners</td>
<td>N</td>
</tr>
</tbody>
</table>

26. During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about how much weight you should gain during your pregnancy?

- No
- Yes

Go to Page 6, Question 28
27. How much weight did your doctor, nurse, or other health care worker tell you to gain during your most recent pregnancy? Please check one answer and fill in the blank(s) next to the checked box.

- Between ___ Pounds and ___ Pounds
- Between ___ Kilos and ___ Kilos
- Exactly ___ Pounds OR ___ Kilos
- I don’t remember

28. During your most recent pregnancy, did a doctor, nurse, or other health worker talk with you about any of the things listed below? Please count only discussions, not reading materials or videos. For each one, circle Y (Yes) if someone talked to you about it or circle N (No) if no one talked with you about it.

   a. Foods that are good to eat during pregnancy ................. N Y
   b. Exercise during pregnancy ................. N Y
   c. Programs or resources to help me gain the right amount of weight during pregnancy ................. N Y
   d. Programs or resources to help me lose weight after pregnancy ................. N Y

29. At any time during your most recent pregnancy or delivery, did you have a test for HIV (the virus that causes AIDS)?

- No
- Yes
- I don’t know

30. During your most recent pregnancy, were you on WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children)?

- No
- Yes

31. During your most recent pregnancy, were you told by a doctor, nurse, or other health care worker that you had gestational diabetes (diabetes that started during this pregnancy)?

- No
- Yes

32. Did you have any of the following problems during your most recent pregnancy? For each item, circle Y (Yes) if you had the problem or circle N (No) if you did not.

<table>
<thead>
<tr>
<th>No</th>
<th>Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Vaginal bleeding</td>
<td>N</td>
</tr>
<tr>
<td>b. Kidney or bladder (urinary tract) infection</td>
<td>N</td>
</tr>
<tr>
<td>c. Severe nausea, vomiting, or dehydration</td>
<td>N</td>
</tr>
<tr>
<td>d. Cervix had to be sewn shut (cerclage for incompetent cervix)</td>
<td>N</td>
</tr>
<tr>
<td>e. High blood pressure, hypertension (including pregnancy-induced hypertension [PIH]), preeclampsia, or toxemia</td>
<td>N</td>
</tr>
<tr>
<td>f. Problems with the placenta (such as abruptio placentae or placenta previa)</td>
<td>N</td>
</tr>
<tr>
<td>g. Labor pains more than 3 weeks before my baby was due (preterm or early labor)</td>
<td>N</td>
</tr>
<tr>
<td>h. Water broke more than 3 weeks before my baby was due (premature rupture of membranes [PROM])</td>
<td>N</td>
</tr>
<tr>
<td>i. I had to have a blood transfusion</td>
<td>N</td>
</tr>
<tr>
<td>j. I was hurt in a car accident</td>
<td>N</td>
</tr>
</tbody>
</table>
33. During your most recent pregnancy, did a doctor, nurse, or other health care worker try to keep your new baby from being born too early by giving you a series of weekly shots of a medicine called Progesterone, Gestiva® or 17P (17 alpha-hydroxyprogesterone)?

☐ No
☐ Yes
☐ I don’t know

The next questions are about smoking cigarettes around the time of pregnancy (before, during, and after).

34. Have you smoked any cigarettes in the past 2 years?

☐ No  Go to Question 38
☐ Yes

35. In the 3 months before you got pregnant, how many cigarettes did you smoke on an average day? (A pack has 20 cigarettes.)

☐ 41 cigarettes or more
☐ 21 to 40 cigarettes
☐ 11 to 20 cigarettes
☐ 6 to 10 cigarettes
☐ 1 to 5 cigarettes
☐ Less than 1 cigarette
☐ I didn’t smoke then

36. In the last 3 months of your pregnancy, how many cigarettes did you smoke on an average day? (A pack has 20 cigarettes.)

☐ 41 cigarettes or more
☐ 21 to 40 cigarettes
☐ 11 to 20 cigarettes
☐ 6 to 10 cigarettes
☐ 1 to 5 cigarettes
☐ Less than 1 cigarette
☐ I didn’t smoke then

37. How many cigarettes do you smoke on an average day now? (A pack has 20 cigarettes.)

☐ 41 cigarettes or more
☐ 21 to 40 cigarettes
☐ 11 to 20 cigarettes
☐ 6 to 10 cigarettes
☐ 1 to 5 cigarettes
☐ Less than 1 cigarette
☐ I don’t smoke now

38. Which of the following statements best describes the rules about smoking inside your home now?

☐ No one is allowed to smoke anywhere inside my home
☐ Smoking is allowed in some rooms or at some times
☐ Smoking is permitted anywhere inside my home

The next questions are about drinking alcohol around the time of pregnancy (before, during, and after).

39. Have you had any alcoholic drinks in the past 2 years? A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink.

☐ No  Go to Page 8, Question 42
☐ Yes

Go to Page 8, Question 40a
40a. During the 3 months before you got pregnant, how many alcoholic drinks did you have in an average week?

- 14 drinks or more a week
- 7 to 13 drinks a week
- 4 to 6 drinks a week
- 1 to 3 drinks a week
- Less than 1 drink a week
- I didn’t drink then

Go to Question 41a

40b. During the 3 months before you got pregnant, how many times did you drink 4 alcoholic drinks or more in one sitting? A sitting is a two hour time span.

- 6 or more times
- 4 to 5 times
- 2 to 3 times
- 1 time
- I didn’t have 4 drinks or more in 1 sitting

Go to Question 41b

41a. During the last 3 months of your pregnancy, how many alcoholic drinks did you have in an average week?

- 14 drinks or more a week
- 7 to 13 drinks a week
- 4 to 6 drinks a week
- 1 to 3 drinks a week
- Less than 1 drink a week
- I didn’t drink then

Go to Question 42

41b. During the last 3 months of your pregnancy, how many times did you drink 4 alcoholic drinks or more in one sitting? A sitting is a two hour time span.

- 6 or more times
- 4 to 5 times
- 2 to 3 times
- 1 time
- I didn’t have 4 drinks or more in 1 sitting

Pregnancy can be a difficult time for some women. The next questions are about things that may have happened before and during your most recent pregnancy.

42. This question is about things that may have happened during the 12 months before your new baby was born. For each item, circle Y (Yes) if it happened to you or circle N (No) if it did not. (It may help to look at the calendar when you answer these questions.)

<table>
<thead>
<tr>
<th></th>
<th>No</th>
<th>Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. A close family member was very sick and had to go into the hospital</td>
<td>N</td>
<td>Y</td>
</tr>
<tr>
<td>b. I got separated or divorced from my husband or partner</td>
<td>N</td>
<td>Y</td>
</tr>
<tr>
<td>c. I moved to a new address</td>
<td>N</td>
<td>Y</td>
</tr>
<tr>
<td>d. I was homeless</td>
<td>N</td>
<td>Y</td>
</tr>
<tr>
<td>e. My husband or partner lost his job</td>
<td>N</td>
<td>Y</td>
</tr>
<tr>
<td>f. I lost my job even though I wanted to go on working</td>
<td>N</td>
<td>Y</td>
</tr>
<tr>
<td>g. I argued with my husband or partner more than usual</td>
<td>N</td>
<td>Y</td>
</tr>
<tr>
<td>h. My husband or partner said he didn’t want me to be pregnant</td>
<td>N</td>
<td>Y</td>
</tr>
<tr>
<td>i. I had a lot of bills I couldn’t pay</td>
<td>N</td>
<td>Y</td>
</tr>
<tr>
<td>j. I was in a physical fight</td>
<td>N</td>
<td>Y</td>
</tr>
<tr>
<td>k. My husband or partner or I went to jail</td>
<td>N</td>
<td>Y</td>
</tr>
<tr>
<td>l. Someone very close to me had a problem with drinking or drugs</td>
<td>N</td>
<td>Y</td>
</tr>
<tr>
<td>m. Someone very close to me died</td>
<td>N</td>
<td>Y</td>
</tr>
</tbody>
</table>

43. During the 12 months before you got pregnant with your new baby, did your husband or partner push, hit, slap, kick, choke, or physically hurt you in any other way?

- No
- Yes
44. During your most recent pregnancy, did your husband or partner push, hit, slap, kick, choke, or physically hurt you in any other way?

☐ No  ☐ Yes

The next questions are about your labor and delivery. (It may help to look at the calendar when you answer these questions.)

45. When was your baby due?

__/__/20
Month Day Year

46. When did you go into the hospital to have your baby?

__/__/20
Month Day Year

☐ I didn’t have my baby in a hospital

47. When was your baby born?

__/__/20
Month Day Year

48. Did your doctor, nurse, or other health care worker try to induce your labor (start your contractions using medicine)?

☐ No  ☐ Yes  ☐ I don’t know

Go to Question 50

49. Why did your doctor, nurse, or other health care worker try to induce your labor (start your contractions using medicine)?

☐ My water broke and there was a fear of infection  ☐ I was past my due date

☐ My health care provider worried about the size of the baby  ☐ My baby was not doing well and needed to be born

☐ I had a health problem and needed to deliver the baby  ☐ I wanted to schedule my delivery

☐ I wanted to give birth with a specific health care provider  ☐ Other Please tell us:

50. How was your new baby delivered?

☐ Vaginally  ☐ Cesarean delivery (c-section)

Go to Page 10, Question 51

Go to Page 10, Question 53
51. What was the reason that your new baby was born by cesarean delivery (c-section)?

☐ I had a previous cesarean delivery (c-section)
☐ My baby was in the wrong position
☐ I was past my due date
☐ My health care provider worried that my baby was too big
☐ I had a medical condition that made labor dangerous for me
☐ My health care provider tried to induce my labor, but it didn’t work
☐ Labor was taking too long
☐ The fetal monitor showed that my baby was having problems during labor
☐ I wanted to schedule my delivery
☐ I didn’t want to have my baby vaginally
☐ Other reason(s) Please tell us:

52. Which statement best describes whose idea was it for you to have a cesarean delivery (c-section)?

☐ My health care provider recommended a cesarean delivery before I went into labor
☐ My health care provider recommended a cesarean delivery while I was in labor
☐ I asked for the cesarean delivery before I went into labor
☐ I asked for the cesarean delivery while I was in labor

53. When were you discharged from the hospital after your baby was born?

☐ / ☐ / 20

☐ Month
☐ Day
☐ Year

☐ I didn’t have my baby in a hospital

54. Did any of these health insurance plans help you pay for the delivery of your new baby?

☐ Health insurance from your job or the job of your husband, partner, or parents
☐ Health insurance that you or someone else paid for (not from a job)
☐ Medicaid
☐ TRICARE or other military health care
☐ CHIP
☐ Other source(s) Please tell us:

☐ I did not have health insurance to help pay for my delivery

AFTER PREGNANCY

The next questions are about the time since your new baby was born.

55. After your baby was born, was he or she put in an intensive care unit?

☐ No
☐ Yes
☐ I don’t know
56. After your baby was born, how long did he or she stay in the hospital?

- Less than 24 hours (less than 1 day)
- 24 to 48 hours (1 to 2 days)
- 3 to 5 days
- 6 to 14 days
- More than 14 days
- My baby was not born in a hospital
- My baby is still in the hospital

57. Is your baby alive now?

- No
- Yes

58. Is your baby living with you now?

- No
- Yes

59. Did you ever breastfeed or pump breast milk to feed your new baby after delivery, even for a short period of time?

- No
- Yes

60. Are you currently breastfeeding or feeding pumped milk to your new baby?

- No
- Yes

61. How many weeks or months did you breastfeed or pump milk to feed your baby?

- _____ Weeks OR _____ Months
- Less than 1 week

62. What were your reasons for stopping breastfeeding?

- Check all that apply
  - My baby had difficulty latching or nursing
  - Breast milk alone did not satisfy my baby
  - I thought my baby was not gaining enough weight
  - My nipples were sore, cracked, or bleeding
  - It was too hard, painful, or too time consuming
  - I thought I was not producing enough milk
  - I had too many other household duties
  - I felt it was the right time to stop breastfeeding
  - I got sick and was not able to breastfeed
  - I went back to work or school
  - My baby was jaundiced (yellowing of the skin or whites of the eyes)
  - Other

63a. How old was your new baby the first time he or she drank liquids other than breast milk (such as formula, water, juice, tea, or cow’s milk)?

- _____ Weeks OR _____ Months
- My baby was less than 1 week old
- My baby has not had any liquids other than breast milk
63b. How old was your new baby the first time he or she ate food (such as baby cereal, baby food, or any other food)?

___ Weeks OR ___ Months

☐ My baby was less than 1 week old
☐ My baby has not eaten any foods

If your baby is still in the hospital, go to Question 66.

64. In which one position do you most often lay your baby down to sleep now?

☐ On his or her side
☐ On his or her back
☐ On his or her stomach

Check one answer

65. Was your new baby seen by a doctor, nurse, or other health care worker for a one week check-up after he or she was born?

☐ No
☐ Yes

66. Are you or your husband or partner doing anything now to keep from getting pregnant? (Some things people do to keep from getting pregnant include not having sex at certain times [natural family planning or rhythm] or withdrawal, and using birth control methods such as the pill, condoms, vaginal ring, IUD, having their tubes tied, or their partner having a vasectomy.)

☐ No
☐ Yes

Go to Question 67

67. What are your reasons or your husband’s or partner’s reasons for not doing anything to keep from getting pregnant now?

Check all that apply

☐ I am not having sex
☐ I want to get pregnant
☐ I don’t want to use birth control
☐ My husband or partner doesn’t want to use anything
☐ I don’t think I can get pregnant (sterile)
☐ I can’t pay for birth control
☐ I am pregnant now
☐ Other Please tell us:

68. What kind of birth control are you or your husband or partner using now to keep from getting pregnant?

Check all that apply

☐ Tubes tied or closed (female sterilization)
☐ Vasectomy (male sterilization)
☐ Pill
☐ Condoms
☐ Injection once every 3 months (Depo-Provera®)
☐ Contraceptive implant (Implanon®)
☐ Contraceptive patch (OrthoEvra®)
☐ Diaphragm, cervical cap, or sponge
☐ Vaginal ring (NuvaRing®)
☐ IUD (including Mirena®)
☐ Rhythm method or natural family planning
☐ Withdrawal (pulling out)
☐ Not having sex (abstinence)
☐ Emergency contraception (The “morning-after” pill)
☐ Other Please tell us:

If you or your husband or partner is not doing anything to keep from getting pregnant now, go to Question 69.

Go to Question 68

If your baby is still in the hospital, go to Question 66.
69. Since your new baby was born, have you had a postpartum checkup for yourself? 
(A postpartum checkup is the regular checkup a woman has about 6 weeks after she gives birth.)

☐ No  ☐ Yes

70. Below is a list of feelings and experiences that women sometimes have after childbirth. Read each item to determine how well it describes your feelings and experiences. Then, write on the line the number of the choice that best describes how often you have felt or experienced things this way since your new baby was born. Use the scale when answering:

1 2 3 4 5  
Never Rarely Sometimes Often Always

a. I felt down, depressed, or sad . . . . .  
b. I felt hopeless . . . . . . . . . . . . . .  
c. I felt slowed down . . . . . . . . . .  

If your baby is not alive or is not living with you, go to Question 74.

72. At any time during your most recent pregnancy, did a doctor, nurse, or other health care worker tell you that you had depression?

☐ No  ☐ Yes

73. Since your new baby was born, did any doctor, nurse, or other health care worker talk with you about any of the things listed below? Please count only discussions, not reading materials or videos. For each item, circle Y (Yes) if someone talked with you about it or circle N (No) if no one talked with you about it.

a. Help with or information about breastfeeding . . . . . . . . . . . . . . . . . . . . . . . . . . . N Y
b. How long to wait before getting pregnant again . . . . . . . . . . . . . . . . . . . . . . . . . . . N Y
c. Birth control methods that I can use after giving birth . . . . . . . . . . . . . . . . . . . . . . . . . N Y
d. Postpartum depression . . . . . . . . . . . . . N Y
e. Support groups for new parents . . . . . . . . . . . . . . N Y
f. Resources in my community such as nurse home visitation programs, telephone hotlines, counseling, etc . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . N Y
g. Getting to and staying at a healthy weight after delivery . . . . . . . . . . . . . . . . . . . . . . . . . . . . N Y

74. Since your new baby was born, have you been tested for diabetes or high blood sugar?

☐ No  ☐ Yes

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Go to Page 14, Question 75
75. Since your new baby was born, did a doctor, nurse, or other health care worker tell you that you had diabetes?

☐ No
☐ Yes

76. Since your new baby was born, has a doctor, nurse, or other health care worker told you that you had depression?

☐ No
☐ Yes

77. Since your new baby was born, have you taken prescription medicine for your depression?

☐ No
☐ Yes

78. Since your new baby was born, have you gotten counseling for your depression?

☐ No
☐ Yes

79. Did your mother or any sister who is related to you by blood have any of the following problems during any pregnancy? For each item, circle Y (Yes) if someone had the problem during pregnancy, circle N (No) if no one in your family had the problem during pregnancy, or circle DK (Don’t Know) if you don’t know.

   No  Yes  DK

a. A baby that was born more than 3 weeks before the due date .............. N  Y  DK
b. Gestational diabetes (diabetes that started during pregnancy) .............. N  Y  DK
c. High blood pressure during pregnancy ...................... N  Y  DK

The last questions are about the time during the 12 months before your new baby was born.

80. During the 12 months before your new baby was born, what was your yearly total household income before taxes? Include your income, your husband’s or partner’s income, and any other income you may have received. (All information will be kept private and will not affect any services you are now getting.)

☐ Less than $10,000
☐ $10,000 to $14,999
☐ $15,000 to $19,999
☐ $20,000 to $24,999
☐ $25,000 to $34,999
☐ $35,000 to $49,999
☐ $50,000 to $74,999
☐ $75,000 or more

81. During the 12 months before your new baby was born, how many people, including yourself, depended on this income?

____ People

82. What is today’s date?

____ / ____ / 20____
Month  Day  Year
Please use this space for any additional comments you would like to make about the health of mothers and babies in Utah.

Thanks for answering our questions!
Your answers will help us work to make Utah mothers and babies healthier.

November 25, 2008