First, we would like to ask a few questions about you and the time before you got pregnant with your new baby. Please check the box next to your answer.

- 1. Just before you got pregnant, did you have health insurance? Do not count Medicaid.
 - No
 - □ Yes
- 2. *Just before* you got pregnant, were you on Medicaid?
 - No
 - **Yes**
- 3. During the *month before* you got pregnant with your new baby, how many times a week did you take a multivitamin or a prenatal vitamin? These are pills that contain many different vitamins and minerals.
 - ☐ I didn't take a multivitamin or a prenatal vitamin at all
 - \Box 1 to 3 times a week
 - \Box 4 to 6 times a week
 - Every day of the week
- 4. What is your date of birth?

Day

Month

19 Year

5. *Just before* you got pregnant with your new baby, how much did you weigh?

Pounds **OR** _____ Kilos

- 6. How tall are you without shoes?
 Feet _____ Inches
 OR _____ Centimeters
- 7. *Before* you got pregnant with your new baby, did you talk with a doctor, nurse, or other health care worker to prepare for a healthy pregnancy and baby?
 - NoYes
- 8. *Before* you got pregnant with your new baby, did you ever have any other babies who were born alive?
 - □ No → Go to Page 2, Question 11 □ Yes
- 9. Did the baby born *just before* your new one weigh 5 pounds, 8 ounces (2.5 kilos) *or less* at birth?
 - No
 - **Yes**
- 10. Was the baby *just before* your new one born *more* than 3 weeks before its due date?
 - NoYes

The next questions are about the time when you got pregnant with your *new* baby.

11. Thinking back to *just before* you got pregnant with your *new* baby, how did you feel about becoming pregnant?

Check <u>one</u> answer

- I wanted to be pregnant sooner
- □ I wanted to be pregnant later
- I wanted to be pregnant then
- □ I didn't want to be pregnant then or at any time in the future

If you wanted to be pregnant later, answer Question 12. Otherwise, go to Question 13.

12. How much later did you want to become pregnant?

- Less than 1 year
- \Box 1 year to less than 2 years
- \Box 2 years to less than 3 years
- \Box 3 years to less than 4 years
- 4 years or more
- 13. When you got pregnant with your new baby, were you trying to get pregnant?
 - NoYes -

→ Go to Question 17

Go to Question 16

14. When you got pregnant with your new baby, were you or your husband or partner doing anything to keep from getting pregnant? (Some things people do to keep from getting pregnant include not having sex at certain times [rhythm] or withdrawal, and using birth control methods such as the pill, condoms, cervical ring, IUD, having their tubes tied, or their partner having a vasectomy.)

□ No □ Yes ------>

15. What were your or your husband's or partner's reasons for not doing anything to keep from getting pregnant?

Check all that apply

- I didn't mind if I got pregnant
- □ I thought I could not get pregnant at that time
- □ I had side effects from the birth control method I was using
- □ I had problems getting birth control when I needed it
- □ I thought my husband or partner or I was sterile (could not get pregnant at all)
- My husband or partner didn't want to use anything
- $\Box \quad \text{Other} \longrightarrow \text{Please tell us:}$

If you or your husband or partner was not doing anything to keep from getting pregnant, go to Page 4, Question 20. 16. When you got pregnant with your new baby, what were you or your husband or partner doing to keep from getting pregnant?

Check all that apply

- Tubes tied or closed (female sterilization)
- Vasectomy (male sterilization)
- D Pill
- Condoms
- □ Shot once a month (Lunelle[®])
- □ Shot once every 3 months (Depo-Provera[®])
- Contraceptive patch (OrthoEvra®)
- Diaphragm, cervical cap, or sponge
- Cervical ring (NuvaRing[®] or others)
- □ IUD (including Mirena[®])
- Rhythm method or natural family planning
- Withdrawal (pulling out)
- □ Not having sex (abstinence)
- Other — → Please tell us:

If you were not trying to get pregnant when you got pregnant with your new baby, go to Page 4, Question 20.

- 17. Did you receive treatment from a doctor, nurse, or other health care worker to help you get pregnant with your new baby? (This may include infertility treatments such as fertility-enhancing drugs or assisted reproductive technology.)
 - No -

Go to Question 19

• Yes

18. Did you use any of the following treatments during the month you got pregnant with your new baby?

Check all that apply

- Fertility-enhancing drugs prescribed by a doctor (fertility drugs include Clomid®, Serophene®, Pergonal®, or other drugs that stimulate ovulation)
- □ Artificial insemination or intrauterine insemination (treatments in which sperm, but NOT eggs, were collected and medically placed into a woman's body)
- Assisted reproductive technology (treatments in which BOTH a woman's eggs and a man's sperm were handled in the laboratory, such as in vitro fertilization [IVF], gamete intrafallopian transfer [GIFT], zygote intrafallopian transfer [ZIFT], intracytoplasmic sperm injection [ICSI], frozen embryo transfer, or donor embryo transfer)
- Other medical treatment -► Please tell us:
- **19.** How many months had you been trying to get pregnant?
 - 0 to 3 months
 - \Box 4 to 6 months
 - \Box 7 to 12 months
 - \Box 13 to 24 months
 - More than 24 months

The next questions are about the prenatal care you received during your most recent pregnancy. Prenatal care includes visits to a doctor, nurse, or other health care worker before your baby was born to get checkups and advice about pregnancy. (It may help to look at the calendar when you answer these questions.)

20. How many weeks or months pregnant were you when you were *sure* you were pregnant? (For example, you had a pregnancy test or a doctor or nurse said you were pregnant.)

___ Weeks **OR** ____ Months

I don't remember

21. How many weeks or months pregnant were you when you had your first visit for prenatal care? Do not count a visit that was only for a pregnancy test or only for WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children).

____ Weel

Weeks **OR** _____ Months

- □ I didn't go for prenatal care
- 22. Did you get prenatal care as early in your pregnancy as you wanted?
 - No
 Yes
 I didn't want prenatal care Go to Question 24

23. Here is a list of problems some women can have getting prenatal care. For each item, circle Y (Yes) if it was a problem for you during your most recent pregnancy or circle N (No) if it was not a problem or did not apply to you.

No Yes

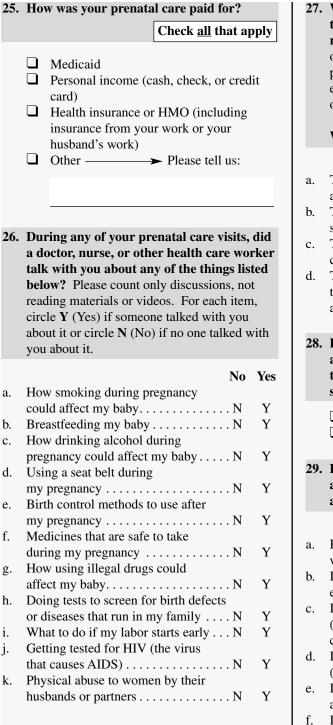
a.	I couldn't get an appointment when	
	I wanted oneN	Y
b.	I didn't have enough money or	
	insurance to pay for my visits N	Y
c.	I had no way to get to the clinic or	
	doctor's office N	Y
d.	I couldn't take time off from work N	Y
e.	The doctor or my health plan would	
	not start care as early as I wanted N	Y
f.	I didn't have my Medicaid cardN	Y
g.	I had no one to take care of	
	my children N	Y
h.	I had too many other things	
	going onN	Y
i.	I didn't want anyone to know I was	
	pregnantN	Y
j.	Other	Y
	Please tell us:	

If you did not go for prenatal care, go to Page 6, Question 30.

24. Where did you go most of the time for your prenatal visits? Do not include visits for WIC.

Check one answer

- Hospital clinic
- Health department clinic
- Private doctor's office or HMO clinic
- Community health clinic
- $\bigcirc \quad \text{Other} \longrightarrow \text{Please tell us:}$



27. We would like to know how y		We would like to know how you felt about
		the prenatal care you got during your most
		recent pregnancy. If you went to more than
		one place for prenatal care, answer for the
		place where you got <i>most</i> of your care. For
		each item, circle Y (Yes) if you were satisfied
		or circle N (No) if you were not satisfied.

Were you satisfied with-

	No	Yes
	The amount of time you had to wait	
	after you arrived for your visits N	Y
	The amount of time the doctor or nurse	
	spent with you during your visits N	Y
	The advice you got on how to take	
	care of yourself N	Y
	The understanding and respect that	
	the staff showed toward you	
	as a person N	Y
	-	
5.	During any of your prenatal care visits,	did
	a doctor, nurse, or other health care wo	
	talk with you about how much weight y	
	should gain during your pregnancy:	
	should gain during your pregnancy?	
	D No	
	NoYes	
).	 No Yes During any of your prenatal care visits,	
).	 No Yes During any of your prenatal care visits, a doctor, nurse, or other health care wo 	
).	 No Yes During any of your prenatal care visits,	
).	 No Yes During any of your prenatal care visits, a doctor, nurse, or other health care wo 	
	 No Yes During any of your prenatal care visits, a doctor, nurse, or other health care wo ask you— 	rker
	 No Yes During any of your prenatal care visits, a doctor, nurse, or other health care wo ask you— 	rker
	 No Yes During any of your prenatal care visits, a doctor, nurse, or other health care wo ask you— No How much alcohol you 	rker Yes
	 No Yes Yes During any of your prenatal care visits, a doctor, nurse, or other health care wo ask you— No How much alcohol you were drinkingN 	rker Yes
•	 No Yes Yes During any of your prenatal care visits, a doctor, nurse, or other health care wo ask you— No How much alcohol you were drinkingN If someone was hurting you 	rker Yes Y
).	 No Yes Yes During any of your prenatal care visits, a doctor, nurse, or other health care wo ask you— No How much alcohol you were drinkingN If someone was hurting you emotionally or physicallyN 	rker Yes Y
).	 No Yes Yes During any of your prenatal care visits, a doctor, nurse, or other health care wo ask you— No How much alcohol you were drinkingN If someone was hurting you emotionally or physicallyN If you were using illegal drugs 	rker Yes Y
	 No Yes During any of your prenatal care visits, a doctor, nurse, or other health care wo ask you— No How much alcohol you were drinkingN If someone was hurting you emotionally or physicallyN If you were using illegal drugs (marijuana or hash, cocaine, crack, etc.)N If you wanted to be tested for HIV 	rker Yes Y Y
·.	 No Yes Yes During any of your prenatal care visits, a doctor, nurse, or other health care wo ask you— No How much alcohol you were drinkingN If someone was hurting you emotionally or physicallyN If you were using illegal drugs (marijuana or hash, cocaine, crack, etc.)N 	rker Yes Y Y
	 No Yes During any of your prenatal care visits, a doctor, nurse, or other health care wo ask you— No How much alcohol you were drinkingN If someone was hurting you emotionally or physicallyN If you were using illegal drugs (marijuana or hash, cocaine, crack, etc.)N If you wanted to be tested for HIV 	rker Yes Y Y Y
.	□ No □ Yes During any of your prenatal care visits, a doctor, nurse, or other health care wo ask you— No How much alcohol you were drinkingN If someone was hurting you emotionally or physicallyN If you were using illegal drugs (marijuana or hash, cocaine, crack, etc.)N If you wanted to be tested for HIV (the virus that causes AIDS)N	rker Yes Y Y Y

6 30. At any time during your most recent The next questions are about your most pregnancy, did you get tested for the recent pregnancy and things that might bacteria Group B Strep (Beta Strep)? have happened during your pregnancy. No Yes 35. During your most recent pregnancy, were □ I don't know you on WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children)? 31. At any time during your most recent pregnancy or delivery, did you have a test for HIV (the virus that causes AIDS)? □ Yes Yes -Go to Ouestion 35 36. Did you have any of these problems during I don't your most recent pregnancy? For each item, know circle **Y** (Yes) if you had the problem or circle N (No) if you did not. 32. Were you offered an HIV test during your No Yes most recent pregnancy or delivery? High blood sugar (diabetes) that a. No -Go to Question 35 started before this pregnancy N Y Yes b. High blood sugar (diabetes) that started *during* this pregnancy N Y c. Vaginal bleeding N Y 33. Did you turn down the HIV test? d. Kidney or bladder (urinary tract) No Go to Question 35 infectionN Y □ Yes e. Severe nausea, vomiting, or dehvdration N Y 34. Why did you turn down the HIV test? f. Cervix had to be sewn shut Y (incompetent cervix).....N Check all that apply g. High blood pressure, hypertension (including pregnancy-induced I did not think I was at risk for HIV hypertension [PIH]), preeclampsia, I did not want people to think I was at risk or toxemia N Y for HIV h. Problems with the placenta (such as I was afraid of getting the result abruptio placentae or I was tested before this pregnancy, and did placenta previa)N Y not think I needed to be tested again i. Labor pains more than 3 weeks \Box Other \longrightarrow Please tell us: before my baby was due (preterm or early labor) N Y Water broke more than 3 weeks į. before my baby was due (premature rupture of membranes [PROM])....N Y k. I had to have a blood transfusion N Y 1. I was hurt in a car accident N

Y

If you did not have any of these problems, go to Question 38.

37. Did you do any of the following things because of these problems? For each item,

circle **Y** (Yes) if you did that thing or circle **N** (No) if you did not.

	No	Yes
a.	I went to the hospital or emergency	
	room and stayed less than 1 day N	Y
b.	I went to the hospital and stayed	
	1 to 7 daysN	Y
c.	I went to the hospital and stayed	
	more than 7 days N	Y
d.	I stayed in bed at home more than	
	2 days because of my doctor's or	
	nurse's advice N	Y

The next questions are about smoking cigarettes and drinking alcohol.

- **38.** Have you smoked at least 100 cigarettes in the past 2 years? (A pack has 20 cigarettes.)
 - □ No → Go to Question 42 □ Yes
- **39.** In the *3 months before* you got pregnant, how many cigarettes did you smoke on an average day? (A pack has 20 cigarettes.)
 - □ 41 cigarettes or more
 - □ 21 to 40 cigarettes
 - \Box 11 to 20 cigarettes
 - □ 6 to 10 cigarettes
 - \Box 1 to 5 cigarettes
 - Less than 1 cigarette
 - □ None (0 cigarettes)

40. In the *last 3 months* of your pregnancy, how many cigarettes did you smoke on an average day? (A pack has 20 cigarettes.)

- □ 41 cigarettes or more
- □ 21 to 40 cigarettes
- □ 11 to 20 cigarettes
- □ 6 to 10 cigarettes
- \Box 1 to 5 cigarettes
- Less than 1 cigarette
- □ None (0 cigarettes)

41. How many cigarettes do you smoke on an average day now? (A pack has 20 cigarettes.)

- □ 41 cigarettes or more
- □ 21 to 40 cigarettes
- □ 11 to 20 cigarettes
- \Box 6 to 10 cigarettes
- \Box 1 to 5 cigarettes
- Less than 1 cigarette
- □ None (0 cigarettes)

42. Have you had any alcoholic drinks in the *past 2 years?* (A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink.)



- 43a. During the *3 months before* you got pregnant, how many alcoholic drinks did you have in an average week?
 - $\Box \quad 14 \text{ drinks or more a week}$
 - \Box 7 to 13 drinks a week
 - **4**to 6 drinks a week
 - □ 1 to 3 drinks a week
 - Less than 1 drink a week
 - I didn't drink then

43b. During the 3 months before you got pregnant, how many times did you drink 5 alcoholic drinks or more in one sitting?

- 6 or more times
- \Box 4 to 5 times
- \square 2 to 3 times
- \square 1 time
- □ I didn't have 5 drinks or more in 1 sitting
- □ I didn't drink then

44a. During the *last 3 months* of your pregnancy, how many alcoholic drinks did you have in an average week?

- □ 14 drinks or more a week
- \Box 7 to 13 drinks a week
- \Box 4 to 6 drinks a week
- □ 1 to 3 drinks a week
- Less than 1 drink a week
- □ I didn't drink then

44b. During the *last 3 months* of your pregnancy, how many times did you drink 5 alcoholic drinks or more in one sitting?

- **6** or more times
- \Box 4 to 5 times
- \Box 2 to 3 times
- \Box 1 time
- I didn't have 5 drinks or more in 1 sitting
- □ I didn't drink then

Pregnancy can be a difficult time for some women. The next question is about things that may have happened before and during your most recent pregnancy.

45. This question is about things that may have happened during the 12 months before your new baby was born. For each item, circle **Y** (Yes) if it happened to you or circle **N** (No) if it did not. (It may help to use the calendar.)

No Yes A close family member was very sick and had to go into the hospital N Y b. I got separated or divorced from my husband or partnerN Y c. I moved to a new address N Y d. I was homeless N Y e. My husband or partner lost his job . . . N Y I lost my job even though I wanted to go on working N Y g. I argued with my husband or partner more than usual.....N Y

- h. My husband or partner said he didn't want me to be pregnant.....N Y i. I had a lot of bills I couldn't pay....N Y j. I was in a physical fightN Y k. My husband or partner or I went to jailN Y Someone very close to me had a bad 1. problem with drinking or drugs N Y
- m. Someone very close to me diedN Y

The next questions are about the time during the 12 months before you got pregnant with your new baby.

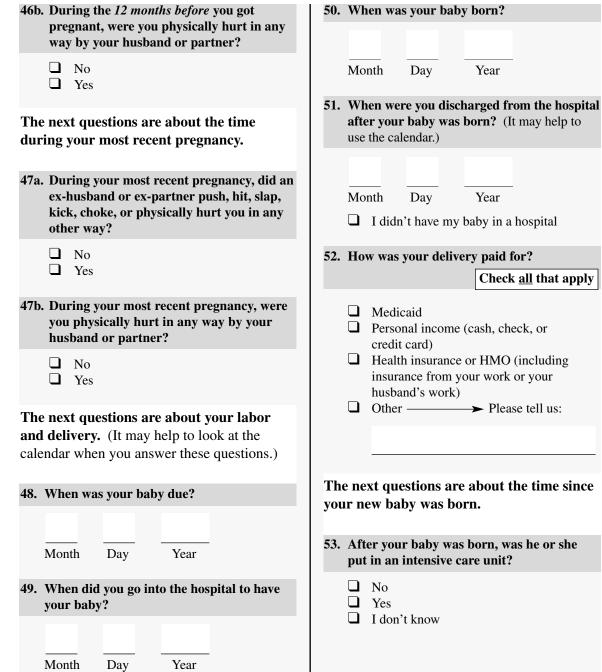
- 46a. During the 12 months before you got pregnant, did an ex-husband or ex-partner push, hit, slap, kick, choke, or physically hurt you in any other way?
 - **No**

a.

f.

□ Yes

□ I didn't have my baby in a hospital



9

10 54. After your baby was born, how long did he 60. How old was your baby the first time you or she stay in the hospital? fed him or her anything besides breast milk? Include formula, baby food, juice, cow's milk, Less than 24 hours (less than 1 day) water, sugar water, or anything else you fed \Box 24 to 48 hours (1 to 2 days) your baby. \Box 3 days 4 days **5** days Weeks **OR** _____ Months **6** days or more □ My baby was less than 1 week old □ My baby was not born in a hospital □ I have not fed my baby anything besides □ My baby is still in breast milk the hospital \longrightarrow Go to Question 57 If your baby is still in the hospital, go to 55. Is your baby alive now? **Question 66.** 🛛 No -Go to Question 66 □ Yes 61. About how many hours a day, on average, is your new baby in the same room with 56. Is your baby living with you now? someone who is smoking? 🗋 No -Go to Question 66 □ Yes Hours Less than 1 hour a day 57. Did you ever breastfeed or pump breast □ My baby is never in the same room with milk to feed your new baby after delivery? someone who is smoking No Go to Question 61 □ Yes 62. How do you most often lay your baby down to sleep now? 58. Are you still breastfeeding or feeding Check one answer pumped milk to your new baby? • On his or her side □ Yes -Go to Question 60 • On his or her back • On his or her stomach 59. How many weeks or months did you breastfeed or pump milk to feed your baby? 63. How often does your new baby sleep in the same bed with you or anyone else? Weeks **OR** Months □ Always Often □ Less than 1 week Sometimes □ Rarely □ Never

- 64. Was your new baby seen by a doctor, nurse, or other health care worker during the first week after he or she left the hospital?
 - No
 - **Yes**
- **65.** Has your new baby had a well-baby checkup? (A well-baby checkup is a regular health visit for your baby usually at 2, 4, or 6 months of age.)
 - 🛛 No
 - Yes
- 66. Are you or your husband or partner doing anything now to keep from getting pregnant? (Some things people do to keep from getting pregnant include not having sex at certain times [rhythm] or withdrawal, and using birth control methods such as the pill, condoms, cervical ring, IUD, having their tubes tied, or their partner having a vasectomy.)
 - 🛛 No

Yes —

Go to Ouestion 68

67. What are your or your husband's or partner's reasons for not doing anything to keep from getting pregnant *now*?

Check all that apply

- I am not having sex
- I want to get pregnant
- I don't want to use birth control
- My husband or partner doesn't want to use anything
- □ I don't think I can get pregnant (sterile)
- □ I can't pay for birth control
- I am pregnant now
- $\bigcirc \quad \text{Other} \longrightarrow \text{Please tell us:}$

- 68. After your new baby was born, did a doctor, nurse, or other health care worker talk with you about using birth control?
 - No
 - **Yes**

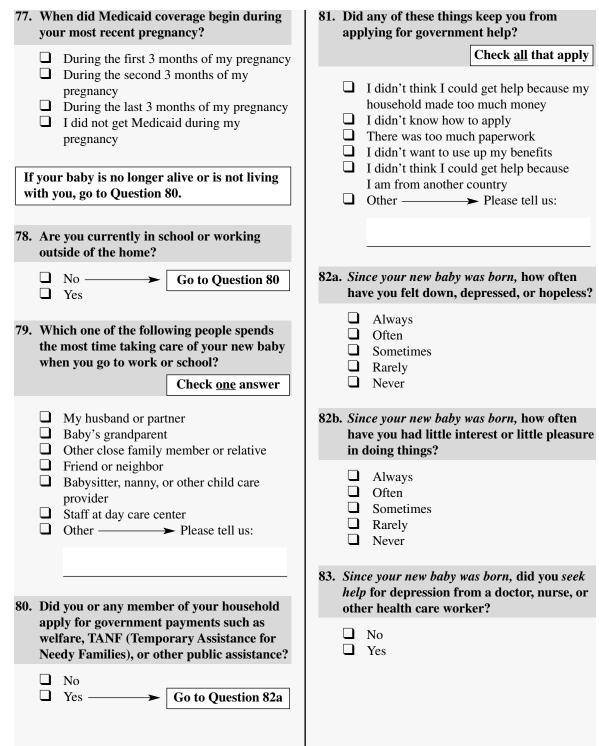
The next few questions are about the time during the *12 months before* your new baby was born.

69. During the *12 months before* your new baby was born, what were the sources of your household's income?

Check all that apply

- □ Paycheck or money from a job
- □ Money from family or friends
- Money from a business, fees, dividends, or rental income
- Aid such as Temporary Assistance for Needy Families (TANF), welfare, WIC, public assistance, general assistance, food stamps, or Supplemental Security Income
- Unemployment benefits
- **Child support or alimony**
- Social security, workers' compensation, disability, veteran benefits, or pensions
- $\bigcirc \quad \text{Other} \longrightarrow \text{Please tell us:}$

70. During the 12 months before your new baby 73. What disease or infection were you told you was born, what was your total household had? income before taxes? Include your income, Check all that apply your husband's or partner's income, and any other income you may have used. (All Genital warts (HPV) information will be kept private and will not Herpes affect any services you are now getting.) Chlamydia Check <u>one</u> answer Gonorrhea □ Pelvic inflammatory disease (PID) Less than \$10,000 **Syphilis** □ \$10,000 to \$14,999 Group B Strep (Beta Strep) □ \$15,000 to \$19,999 Bacterial vaginosis **\$20,000 to \$24,999** Trichomoniasis (Trich) **\$25,000 to \$34,999** Yeast infections **\$35,000 to \$49,999** Urinary tract infection (UTI) □ \$50,000 or more \Box Other \longrightarrow Please tell us: 71. During the *12 months before* your new baby was born, how many people, including yourself, depended on this income? 74. At any time during your most recent pregnancy, did you seek help for depression from a doctor, nurse, or other health care People worker? The next few questions are on a variety No of topics. □ Yes 72. During your most recent pregnancy, did a If you were on Medicaid before you got doctor, nurse, or other health care worker pregnant with your new baby, go to tell you that you had a urinary tract **Ouestion 78.** infection (UTI), a sexually transmitted disease (STD), or any vaginal infection, 75. Did you try to get Medicaid coverage during including bacterial vaginosis or Group B your most recent pregnancy? Strep (Beta Strep)? 🗋 No -Go to Ouestion 78 No Go to Question 74 □ Yes □ Yes 76. Did you have any problems getting Medicaid during your most recent pregnancy? 📙 No • Yes



84.	This question is about things that may have happened during your most recent pregnancy. For each thing, circle Y (Yes) if it happened to you or circle N (No) if it did not.	87. V d th y d
	During your most recent pregnancy—	
a.	NoYesYour husband or partner threatened you or made you feel unsafe in some wayNY	a. B b. D c. A
b.	You were frightened for the safety of yourself or your family because of the anger or threats of your	88. D ro so
c.	husband or partnerN Y Your husband or partner tried to control your daily activities, for example, controlling who you could	
d.	talk to or where you could go N Y Your husband or partner forced you to take part in any sexual activity when	
0.	you did not want to (including touch that made you uncomfortable)N Y	89. V
85.	This question is about the care of your teeth during your most recent pregnancy. For each item, circle Y (Yes) if it is true or circle N (No) if it is not true.	Ň
0	No Yes I needed to see a dentist for	
a.	a problemN Y	
b. с.	I went to a dentist or dental clinicN Y A dental or other health care worker talked with me about how to care for	
	my teeth and gumsN Y	
86.	Have you <i>ever</i> had your teeth cleaned by a dentist or dental hygienist?	
	 □ No → Go to Question 88 □ Yes 	

87. When did you have your teeth cleaned by a dentist or dental hygienist? For each of the three time periods, circle Y (Yes) if you had your teeth cleaned then or circle N (No) if you did not have your teeth cleaned then.

No Yes

- a. Before my most recent pregnancy ... N Y
- b. During my most recent pregnancy ... N Y
- c. After my most recent pregnancy....N Y

88. During the *last 3 months* of your most recent pregnancy, how often did you wear a seat belt when you drove or rode in a car?

- □ Always
- Often
- Sometimes
- **Rarely**
- Never

89. What is today's date?

Month Day

Year

Please use this space for any additional comments you would like to make about the health of mothers and babies in Utah.

Thanks for answering our questions!

Your answers will help us work to make Utah mothers and babies healthier.

March 4, 2004