### Substance use disorder resources

## **Bear River Health Department**



### Bear River Health Department: Substance **Abuse Counseling**

Logan, Brigham, Tremonton, Randolph, Garden City locations 435-792-6500









brhd.org/services/counseli ng-services

#### Bear River Mental Health

Box Elder, Cache, and Rich **County Locations** 435-734-9449









brmh.com

#### Heart t' Heart 450 E 100 S, Room 10

Hyrum, UT 84319 435-512-2108





heart-t-heart.org

### LDS Family Services

175 W 1400 N, Suite A Logan, UT 84341 435-752-5302





providentliving.churchofje suschrist.org/lds-family-se rvices?lang=eng

### Narcotics Anonymous

Northern Utah Area. various location and times 877-479-6262





northernutahna.org

### **USU** Marriage and Family Therapy Clinic

750 N 950 E Logan, UT 84322 435-797-7430



scce.usu.edu/services/m arriage-family-therapy

Visit mihp.utah.gov/opioids for a statewide list of resources.

### Key



Accepts families



Detoxification



Outpatient services



Accepts Medicaid and/or financial assistance



Inpatient treatment



Prioritizes pregnant persons



Alumni support network



Medication-assisted treatment or medication for opioid use disorder (MAT/MOUD)



Residential treatment



Case management



## Substance use disorder resources

## **Bear River Health Department**



Name	Contact	Services
Bear River Health Department: Substance Abuse Counseling	801-587-2770 brhd.org Logan, Brigham, Tremonton, Randolph, Garden City locations	<ul> <li>Substance use disorder (SUD) assessment and evaluation</li> <li>Outpatient treatment with individual, group, or family counseling</li> <li>Intensive outpatient program 3-4 days per week</li> <li>Accepts Medicaid, sliding scale fee</li> </ul>
Bear River Mental Health	435-734-9449 brmh.com Box Elder, Cache, and Rich County locations	<ul> <li>Psychological testing, assessments, behavior management, crisis services, psychotherapy, medication management, and other services</li> <li>Accepts Medicaid, sliding fee schedule may apply</li> </ul>
Community Health Centers, Inc: Bear River and Brigham City locations	435-723-8276  chc-ut.org  Bear River: Brigham City: 980 S Medical Dr., Suite 1, Brigham City, UT 84302	<ul> <li>Individual and family therapy, dual diagnosis</li> <li>Medication assisted treatment</li> <li>General outpatient services</li> <li>Accepts Medicaid, sliding scale fee schedule may apply.</li> </ul>
Family Institute of Northern Utah	435-752-1976  finu.org  190 East Center Street Logan, UT 84321	<ul> <li>Focuses on individuals, couples, and families</li> <li>Substance abuse evaluations</li> <li>Certified substance abuse treatment program</li> <li>Accepts Blue Cross Blue Shield, United Behavioral Health, and MHNet/Altius</li> </ul>
Heart t' Heart V 1.31.25	435-512-2108 450 E 100 S, Room 10 Hyrum, UT 84319	<ul> <li>In-person and online meetings</li> <li>12 step recovery program</li> <li>Focuses on compulsive and addictive behaviors like substance use disorders</li> <li>Based on principles from the Church of Latter-day Saints</li> </ul>

### Substance use disorder resources

## **Bear River Health Department**



Name	Contact	Services
LDS Family Services	435-752-5302 175 W 1400 N, Suite A Logan, UT 84341	<ul> <li>Addiction recovery meetings with individual, couple and family options</li> <li>In-person and online meeting options</li> <li>Must be referred by leader of the Church of Latter-day Saints in order to attend</li> </ul>
Narcotics Anonymous	877-479-6262 northernutahna.org Northern Utah Area, various location and times	<ul> <li>Outpatient services; meetings offered locally every day of the week (Sunday - Saturday)</li> <li>Support groups for families and individuals</li> <li>Alumni support network</li> </ul>
USU Marriage and Family Therapy Clinic	435-797-7430 scce.usu.edu 750 N 950 E Logan, UT 84322	<ul> <li>Outpatient therapy for individuals, couples, and families dealing with substance abuse</li> <li>Fees are determined on a sliding fee scale based on income and family size</li> <li>No one will be denied services due to inability to pay</li> </ul>

### **Additional resources for pregnant persons**

### **Pregnancy & opioid resources:**

mihp.utah.gov/opioids

### Pregnancy & opioid resources (en Español):

mihp.utah.gov/opioides

### Maternal mental health referral network:

maternalmentalhealth.utah.gov/

#### Naloxone:

naloxone.utah.gov/

#### **Never use alone:**

800-484-3731 neverusealone.com/

# Utah support advocates for recovery awareness:

myusara.com/

#### 211 Utah:

211utah.org/