Evidence- Based Teen Pregnancy Prevention Programs at a Glance

*This table was developed by Child Trends under contract number GS-10F-0030R for the Office of Adolescent Health; U.S. Department of Health and Human Services as a technical assistance product for use with OAH grant programs.

OFFICE OF ADOLESCENT HEALTH

This table provides a brief overview of the program models on the *HHS Teen Pregnancy Prevention Evidence Review* website that are implementation ready and is intended to be used in conjunction with other resources when selecting a program model for implementation. For additional information, please visit http://www.hhs.gov/ash/oah/resources-and-publications/db/.

Note: Grantees may propose to implement an evidence-based TPP program with a population or in a setting other than those identified in the program's original evaluation; however, as a reminder, proposed adaptations must be shared with OAH and may require approval.

Program Name	Program Type	Outcomes							Duration of Outcomes	Activities				Train-the-trainer	Train-the-facilitator	# of Sessions	Session Length	Program Duration	Setting	Target Population	Age	Languages
		Recent Sexual Activity	# Sexual Partners	Frequency of Sexual Activity	Contraceptive Use and or/Consistency	Sexual Initiation & Abstinence	Pregnancy or Birth	STDs (Including HIV)		Technology (audio-visual/internet)	Parent Engagement	Service Learning Project	Condom Demonstration									
Aban Aya Youth Project	SE	●							post-intervention	✓	✓					16-21	45 min	4 years	S*, Cm	♀/♂)*, AA*	10-14*	En
Adult Identity Mentoring (Project AIM)	YD	●							3 mos						✓	12	50 min	6 weeks	S*, Cm	♀/♂)*, All (AA)*, Lw	11-14 (12-14)*	En, Sp
All4You!	YA			●	●				6 mos	✓		✓	✓	✓	✓	14	70-140 min	7 weeks	Sp*	♀/♂)*, All*	14-18 (14-17)*	En
Be Proud! Be Responsible!	SE	●	●	●	●				3-12 mos	✓			✓	✓	✓	6	60 min	6 days	C, S, As*, Cm*	♀/♂)*, All (AA)*	11-18 (11-13)*	En
Be Proud! Be Responsible! Be Protective!	Pp*		●						12 mos	✓			✓	✓	✓	8	60 min	8 days	S, Sp*, As, Cm	♀*, All (H, AA)*	12-18 (14-20)*	En
Becoming a Responsible Teen (BART)	SE	●							12 mos	✓			✓	✓	✓	8	90-120 min	8 weeks	C*, As	♀/♂)*, All (AA)*	14-18*	En
Children's Aid Society (CAS) Carrera Program	YD	●					●		3 yrs after program start for girls	✓	✓	✓				Daily	2-3 hours	7 years	S, As*, Cm	♀/♂)*, All (H, AA)*	10-12 at program entry	En, Sp
¡Cuidate!	SE	●	●		●				3-12 mos	✓			✓	✓	✓	6	60 min	2 days +	S, As*, Cm*	♀/♂)*, H*	13-18*	En, Sp
Draw the Line/Respect the Line	SE	●				●			12 mos post-intervention; boys only	✓	✓		✓	✓	✓	19	45 min	3 years	S*	♀/♂)* , All*	11-14*	En, Sp
Families Talking Together (FTT)	F			●		●			9-mos		✓				✓	11 modules	Varies	Varies	C*, As*, Cm*	♀/♂)* , H*, AA*	10-14 (11-14)*	En, Sp
FOCUS	SE		●						11-mos	✓			✓			4	120 min	8 hours	S, Sp*, Cm	♀*, All*	16+ (17+)*	En
Get Real	SE					●			post-intervention		✓		✓	✓	✓	27	45 min	3 years	S*	♀/♂)* , All*	11-14*	En

Program Type

SE - Sexual health education
AE - Abstinence education
YD - Youth development
CB - Clinic based
F - Program for families
YA - Youth in alternative schools
HIV - Parent with history of HIV
STD - History of STD
SD - Substance dependent
RA - Runaway youth
IY - Incarcerated youth
Pp - Pregnant/parenting
P - Parenting

Outcomes

●Evidence of effect

Settings

S - School
C - Clinic
As - After school program
Cm - Community based
Sp - Specialized setting
* - Evaluated setting

Target Population

♀/♂ - Female/Male
AA - African American
H - Hispanic
AI/AN - American Indian/ Alaskan Native
W - White
AS - Asian
All - All races/ethnicities
Lw - Low income
* - Evaluated population

Available Languages

En - English
Sp - Spanish
O - Other

Evidence- Based Teen Pregnancy Prevention Programs at a Glance

Program Name	Program Type	Outcomes: Recent Sexual Activity	Outcomes: # Sexual Partners	Outcomes: Frequency of Sexual Activity	Outcomes: Contraceptive Use and or/Consistency	Outcomes: Sexual Initiation & Abstinence	Outcomes: Pregnancy or Birth	Outcomes: STDs (including HIV)	Duration of Outcomes	Activities: Technology (audio-visual/internet)	Activities: Parent Engagement	Activities: Service Learning Project	Activities: Condom Demonstration	Train-the-Trainer	Train-the-facilitator	# of Sessions	Session Length	Program Duration	Setting	Target Population	Age	Languages
Health Improvement Project for Teens (HIP Teens)	SE	●	●	●	●				6-mos	✓			✓			4	120 min	8 hours	C*, As*, Cm*	♀*, All	15-19*	En
Heritage Keepers Abstinence Education	AE					●			12 mos	✓	✓				✓	5 or 10	45 or 90 min	5-10 days	S*	(♀/♂)* , All*	11-18 (12-15)*	En, Sp
HORIZONS	SE				●			●	12 mos				✓			2	4 hours	8 hours	C*, Cm	♀*, AA*	15-21*	En
It's Your Game: Keep it Real (IYG)	SE			●	●	●			12 mos	✓			✓	✓	✓	24	50 min	2 years	S*, As	(♀/♂)*, All*	12-14 (12-13)*	En
Making a Difference!	AE	●							3 mos	✓				✓	✓	8	60 min	8 hours	S, As*, Cm*	(♀/♂)*, All (AA)*	11-18 (11-13)*	En
Making Proud Choices!	SE				●				12 mos	✓			✓	✓	✓	8	60 min	8 hours	S, As*, Cm*	(♀/♂)*, All (AA)*	11-18 (11-13)*	En
Prime Time	YD	●							12 mos		✓	✓				Varies	Varies	18 mos	C*	♀*, All*	13-17*	En
Project IMAGE	STD*							●	12 mos				✓			7-9	1-4 hours	2-5 weeks	C*	♀*, AA*, H*	14-18*	En
Project TALC	F, HIV*						●		4 yrs after program start		✓		✓			24	2-3 hours	12 weeks to 4-6 years	Cm*	(♀/♂)*, All (H, AA)*	11-18*	En, O
Promoting Health Among Teens! Abstinence-Only Intervention	AE	●				●			3-24 mos	✓	✓			✓	✓	8	60 min	8 hours	S, As*, Cm*	(♀/♂)*, All (AA)*	11-18 (11-13)*	En
Promoting Health Among Teens! Comprehensive Abstinence and Safer Sex Intervention	SE		●						3-24 mos	✓			✓	✓	✓	12	45-60 min	8-12 hours	S, As*, Cm*	(♀/♂)* , All (AA)*, Lw	11-18 (11-13)*	En
Raising Healthy Children (formerly known as the Seattle Social Development Project)	YD		●			●	●	●	Ranges from when participants were 18 yrs - 27 yrs old		✓			✓	✓	Varies	Varies	7 years	S*	(♀/♂)*, All*	5-12 (6-12)*	En

Program Type

SE - Sexual health education
AE - Abstinence education
YD - Youth development
CB - Clinic based
F - Program for families
YA - Youth in alternative schools
HIV - Parent with history of HIV
STD - History of STD
SD - Substance dependent
RA - Runaway youth
IY - Incarcerated youth
Pp - Pregnant/parenting
P - Parenting

Outcomes

● Evidence of effect

Settings

S - School
C - Clinic
As - After school program
Cm - Community based
Sp - Specialized setting
* - Evaluated setting

Target Population

♀/♂ - Female/Male
AA - African American
H - Hispanic
AI/AN - American Indian/ Alaskan Native
W - White
AS - Asian
All - All races/ethnicities
Lw - Low income
* - Evaluated population

Available Languages

En - English
Sp - Spanish
O - Other

Evidence- Based Teen Pregnancy Prevention Programs at a Glance

Program Name	Program Type	Outcomes: Recent Sexual Activity	Outcomes: # Sexual Partners	Outcomes: Frequency of Sexual Activity	Outcomes: Contraceptive Use and or/Consistency	Outcomes: Sexual Initiation & Abstinence	Outcomes: Pregnancy or Birth	Outcomes: STDs (Including HIV)	Duration of Outcomes	Activities: Technology (audio-visual/internet)	Activities: Parent Engagement	Activities: Service Learning Project	Activities: Condom Demonstration	Train-the-trainer	Train-the-facilitator	# of Sessions	Session Length	Program Duration	Setting	Target Population	Age	Languages
Reducing the Risk	SE				●				18 mos				✓	✓	✓	16	45 min	5-8 weeks	S*	(♀/♂)*, All*	13-18 (14-18)*	En, Sp
Respeto/Proteger	P*				●				3-6 mos	✓			✓		✓	6	120 min	12 hours	C*, Cm*	(♀/♂)*, H*	14-24*	En, Sp
Rikers Health Advocacy Program (RHAP)	IY				●				10 mos after program start						✓	4	60 min	2 weeks	S, Sp*, Cm	♂*, All*	16-19*	En
Safer Choices	SE				●				2 yrs after program start		✓		✓	✓	✓	21	45 min	2 years	S*	(♀/♂)*, All*	14-16 (14-15)*	En
Safer Sex Intervention	CB, STD*		●						6 mos	✓			✓			4	10-50 min	6 mos	C*, Cm	♀*, All*	13-23 (<24)*	En
Seventeen Days	CB	●						●	6 mos	✓			✓		✓	1+	45 min+	45 min+	C*, Cm	♀*, All (AA, W)*	14-18*	En
Sexual Health and Adolescent Prevention (SHARP)	IY				●				12 mos	✓			✓			1	3.5-4 hours	1 day	Sp*	(♀/♂)*, All*	15-19*	En
SiHLE	SE				●		●		12 mos				✓			4	4 hours	16 hours	C*, Cm	♀*, AA*	14-18*	En
Sisters Saving Sisters	SE		●		●			●	12 mos	✓			✓	✓	✓	1	4.5 hours	4.5 hours	C*, Cm	♀*, AA*, H*	11-18 (12-19)*	En, Sp
STRIVE	RA*		●						12 mos		✓					5	90-120 min	5 weeks	Cm*	(♀/♂)*, All (H, AA)*	12-17*	En
Teen Health Project	SE					●			12 mos	✓	✓	✓	✓			5	90-180 min	6 mos	Cm*	(♀/♂)*, All*, Lw*	12-17*	En
Teen Outreach Program (TOP)	YD						●		immediate post-intervention			✓		✓	✓	25	Varies	9 mos	S*, Sp, As, Cm	(♀/♂)*, All*	12-19 (14-18)*	En, Sp, O

Program Type

SE - Sexual health education
AE - Abstinence education
YD - Youth development
CB - Clinic based
F - Program for families
YA - Youth in alternative schools
HIV - Parent with history of HIV
STD - History of STD
SD - Substance dependent
RA - Runaway youth
IY - Incarcerated youth
Pp - Pregnant/parenting
P - Parenting

Outcomes

● Evidence of effect

Settings

S - School
C - Clinic
As - After school program
Cm - Community based
Sp - Specialized setting
***** - Evaluated setting

Target Population

♀/♂ - Female/Male
AA - African American
H - Hispanic
AI/AN - American Indian/ Alaskan Native
W - White
AS - Asian
All - All races/ethnicities
Lw - Low income
***** - Evaluated population

Available Languages

En - English
Sp - Spanish
O - Other