

**Before we begin,
please scan and
complete the
pre-survey.**



Provided by: Utah Women and Newborns Quality Collaborative, a program of the Utah Department of Health and Human Services. Today's training was made possible by funding from the Centers for Disease Control and Prevention.



Maternal Resource Guide Training

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Agenda


Maternal Resource Guide

A guide that features over 900 free or low cost resources across Utah. Search or choose a category below.


[\(Vea la guía en español aquí\)](#)

Search here...


Childcare & parenting resources:

 Daycare and extracurricular programs for children


Employment & financial

 assistance: Employment support and workforce agencies


Healthcare:

 Get help applying for health insurance, community clinics, OB/GYN care


Mental health & substance use:

 Counseling services, support groups, crisis hotlines, addiction treatment


Midwife & doula services:


 Prenatal, delivery, and postpartum support with midwives & doulas


Legal assistance & integration support:

 Legal clinics, immigration process support, adult English classes

 **Transportation:** Accessible transportation services

 **Food, formula & diapers:** For free or at low cost

 **Intimate partner violence:** Over-the-phone crisis support, confidential asylum resources

 **Housing:** Rent & utility assistance, homeless shelters, resettlement agencies

- What is it?
- Why is it important?
- Spreading the word

What is the Maternal Resource Guide?

- Features more than **900+** resources.
- Resources are either **free** or **low-cost**, or accept **Medicaid**.
- **No social security number** required by resources.
- Available in **English & Spanish**.



Why is the Maternal Resource Guide important?

- Resources all in **one place**.
- Resources that have been **vett**ed.
- **Both** patients and those who serve them can utilize.











Maternal resource guide

Guía de recursos para madres



Connect to the help you need

An online guide to services that support women who are pregnant, postpartum, and parenting. This features over 900 free or low cost resources across Utah including:

Housing		Food, formula & diapers	
Healthcare		Transportation	
Mental health & substance use		Legal assistance & integration support	
Intimate partner violence		Employment & financial assistance	
Midwife & doula services		Childcare & parenting resources	

To get started, scan a QR code...

About this guide

Developed by Utah Women and Newborns Quality Collaborative

This guide was created to increase access to resources in Utah.

mihp.utah.gov/uwnqc

English:



Español:



or visit <https://mihp.utah.gov/maternal-resource-guide-utah>

Quick walkthrough:



Maternal Resource Guide

A guide that features free or low cost resources across Utah. Resources have been vetted for the following:

- Free, low-cost or accepts Medicaid
- Spanish translation capabilities or Spanish-speaking staff
- Do NOT require citizenship documentation to receive services or resources



Translate »

[guía en Español aquí](#)

Translations available to:
Arabic, Pashto, Vietnamese, Burmese, Portuguese, Sudanese, Thai, Swahili

4 key ways to share the guide




Email



**Review in
meetings**



**Post the
flyer**



**Share with
patients/
families**

Feedback welcome:

(On the Resource Guide landing page,
or email: ssilverstone@utah.gov)

**Please take the
post-training survey.**



**Thank you for your
time.**

Any questions or comments?