Before we begin, please scan and complete the pre-survey.







Provided by: Utah Women and Newborns Quality Collaborative, a program of the Utah Department of Health and Human Services. Today's training was made possible by funding from the Centers for Disease Control and Prevention.

Maternal Resource Guide Training

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Agenda

Maternal Resource Guide

A guide that features over 900 free or low cost resources across Utah. Search or choose a category below.

(Vea la guía en español aqui)

Search here

Childcare & parenting resources:

ବଶ୍ୱଦ Daycare and extracurricular programs for children

Healthcare: Get help applying for health insurance, community clinics, OB/GYN

Midwife & doula services: Prenatal, delivery, and postpartum support with midwives & doulas

Transportation: Accessible transportation services

Employment & financial

assistance: Employment support and workforce agencies

Mental health & substance use:

Counseling services, support groups, crisis hotlines, addiction treatment

Legal assistance & integration support:

Legal clinics, immigration process support, adult English classes

Food, formula & diapers: For free or at low cost

Housing: Rent & utility assistance, homeless shelters, resettlement agencies

• What is it?

Why is it important?

Spreading the word

What is the Maternal Resource Guide?

• Features more than **900+** resources.

- Resources are either free or low-cost, or accept Medicaid.
- No social security number required by resources.
- Available in **English** & **Spanish**.



Why is the Maternal Resource Guide important?

- Resources all in **one place.**
- Resources that have been **vetted**.

• **Both** patients and those who serve them can utilize.



Maternal resource guide

Guía de recursos para madres



Connect to the help you need

An online guide to services that support women who are pregnant, postpartum, and parenting. This features over 900 free or low cost resources across Utah including:

Housing		Food, formula & diapers
Healthcare	⊕	Transportation
Mental health & substance use		Legal assistance & VISA integration support
Intimate partner violence	û û	Employment & § financial assistance
Midwife & doula services	(Variation)	Childcare & parenting resources 帮格登

To get started, scan a QR code...

About this guide

Developed by Utah Women and Newborns Quality Collaborative

This guide was created to increase access to resources in Utah.

mihp.utah.gov/uwngc

English:

Español:

or visit https://mihp.utah.gov/maternal-resource-guide-utah

Quick walkthrough:



Maternal Resource Guide

A guide that features free or low cost resources across Utah. Resources have been vetted for the following:

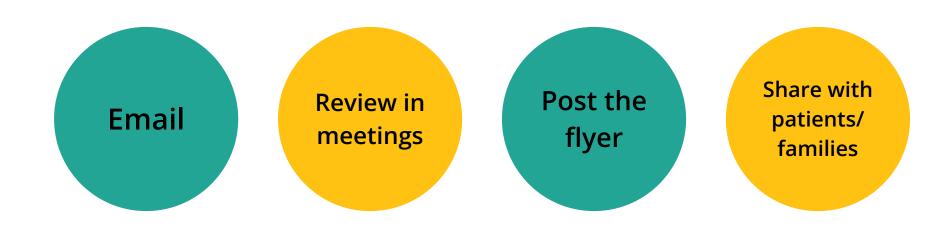
- Free, low-cost or accepts Medicaid
- Spanish translation capabilities or Spanishspeaking staff
- Do NOT require citizenship documentation to receive services or resources

Translate » guía en Español aquí).

Translations available to:
Arabic, Pashto,
Vietnamese,
Burmese,
Portuguese,
Sudanese, Thai,
Swahili



4 key ways to share the guide



Feedback welcome:

(On the Resource Guide landing page, or email: ssilverstone@utah.gov)

Please take the post-training survey.



Thank you for your time.

Any questions or comments?