



UWNQC

Utah Women & Newborns Quality Collaborative

Maternal Mental Health Committee Progress 2020

The [Maternal Mental Health Referral Network](#) website launched providing statewide information on Maternal Mental Health Providers. The committee has implemented recommendations on Screening Frequency, Screening Tool (Edinburgh Postnatal Depression Scale and screening for risk factors) and a Response and Triage algorithm in four pilot sites. This includes two Pediatric clinics, a Local Health Department, and an Obstetric Clinic. The pilot sites completed training, received a toolkit and additional support. The data from these sites will help to inform the plan for eventual statewide implementation. A gap analysis process has been developed and will also be implemented with the pilot sites. Various trainings were conducted and we continue to work toward our vision statement: All childbearing women in Utah receive mental health education and screening during pregnancy and the postpartum period. Every woman with perinatal mental health concerns receive the most appropriate care, from the most appropriate healthcare professional, within an appropriate, stage-based response time.