

Resource Fair Participant Biographies



Comunidad Materna en Utah

We are a non-profit organization with 501(c)(3) status, established in the state of Utah. Our mission is to empower future mothers and their families by providing them support, education, guidance during the pregnancy, childbirth and postpartum period; and as a consequence develop confidence in parenting. As a collective of perinatal community health workers and doulas, our support is informational, emotional, and physical. We invite our participants to use their voice and develop their self-defense skills.



The Emily Effect

The Emily Effect honors Emily Cook Dyches, a mother of five who lost her life to Postpartum Anxiety in 2016. We seek to raise awareness surrounding Perinatal Mood & Anxiety Disorders and provide maternal mental health resources to moms and families.



The Healing Group

The Healing Group is Utah's award-winning specialty mental health clinic, specializing in perinatal, sex, trauma, and couples therapy. With locations in Salt Lake and American Fork, we have been dedicated to transforming suffering into strength since 2009.



Help Me Grow Utah

Help Me Grow Utah is a free information and referral helpline that provides parents, physicians, and community partners all across Utah with resources to make a difference in the lives of pregnant parents and families with children 8 and under. We offer personalized parent support, screenings, activities, and connection to community resources.



AIM Patient Safety Bundle Kickoff, April 18-19, 2024.



Life After Placement

With over 40 years of combined adoption experience, we are moving forward together in providing resources and post-placement support for birth mothers and women that placed a child for adoption.



Multicultural Counseling Center

The mission statement of Multicultural Counseling Center is to help individuals, families, and communities in their recovery by providing effective trauma-informed short-term behavioral health services under a continuum of care model.



Postpartum Support International Utah

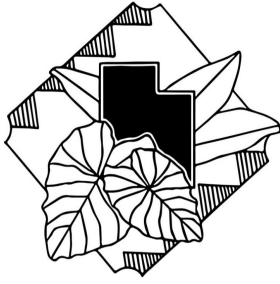
As a state chapter of Postpartum Support International, we bring parents with lived experience together with medical, mental health and allied professionals in our communities. Our mission is to support individuals and families within their childbearing and child raising years through promoting health & overall wellbeing as well as awareness, prevention, and treatment of challenging mental health experiences. Our vision is that every person and parent statewide will have access to information & resources, social support, and informed professional care related to the childbearing and child-raising years. PSI Utah promotes this vision through advocacy, community collaboration, education, training and social support.

The Sad Moms Club

A podcast to connect Utah women--especially those who are infertile, pregnant, or postpartum--to the local maternal mental health resources available. Joni Lybbert interviews providers around Utah to help bring therapy tips and coping skills conveniently to your ear-holes.



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Utah Pacific Islander Health Coalition

The mission of the Utah Pacific Islander Health Coalition is to reduce health disparities and increase access to affordable and culturally responsive wellness services for Utah Pacific Islanders.



Utah Pregnancy After Loss Program

The Utah Pregnancy After Loss Program is designed specifically to support families after a pregnancy loss, newborn death, severely complicated pregnancy, or traumatic birth. For those whose loss has just happened, the trauma is real, with answers and support hard to find. For those who seek another baby after loss, the road to a successful pregnancy is often a terrifying and lonely journey. Families who have suffered loss, major pregnancy complications, and families who hope for another baby, not only deserve cutting-edge medical care, but they also often need mental health support in ways unique to their experience. We work with you to support you after your loss, or if you are in (or planning) your next pregnancy after loss.



Utah Support Advocates for Recovery Awareness

USARA's mission is to connect and inspire communities to advocate for addiction recovery. We envision a Utah where recovery community and connection are recognized as the most valuable assets for people to recover from addiction.



Latino Behavioral Health Services

The fundamental purpose of LBHS is to: Raise awareness about mental illness and substance use disorders in the Latino population and other diverse communities in Utah. Increase the number of Latinos in Utah who are maintaining a state of recovery from mental illness and substance use disorders. Empower Latinos in recovery to give back to their community and impact the mental health system in Utah to be more culturally and linguistically responsive. LBHS believes the voices, participation, and leadership of Latinos by Latinos in recovery are essential to reaching our goals. LBHS has established a peer-to-peer system of recovery for Latinos. This system includes outreach, mentoring, classes, and support groups. It is organized and executed by family members and consumers in recovery from serious mental illness, including substance use disorders.

