

Car seats have saved countless babies...



Deaths from motor vehicle crashes were 3x more frequent in the 1970s before we learned how to protect babies with properly installed car seats.

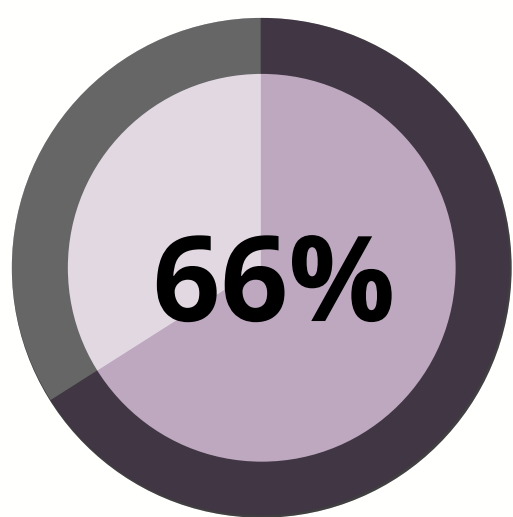
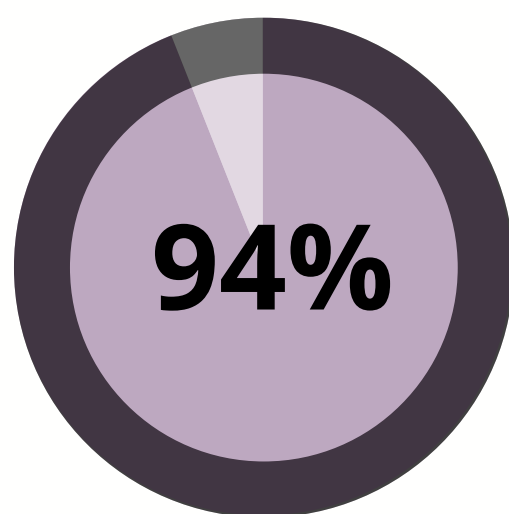
Keeping Utah babies safe

Safe cribs can save many more...

A Utah baby dies in their sleep environment every other week.

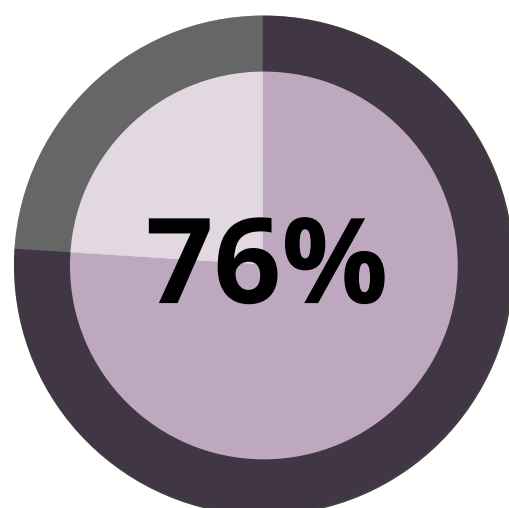
131 Utah babies died between 2019 and 2023 during sleep. By ensuring that a baby's crib is as safe as their car seat many more deaths could be avoided.

Most of the babies that died from sleep-related causes had one or more **unsafe conditions** in their sleep environment (93.7%).



66.4% (87 out of 131 babies) were sleeping in places where babies shouldn't sleep, like adult beds, couches, etc.

75.6% (99 out of 131 babies) were found with soft bedding around them.



Read the full report about infant sleep deaths



Learn more about how to educate parents about this important topic. Email Heidi Sylvester at hsylvester@utah.gov for training opportunities.