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Utah Women's Health

R e p o r t C a r d

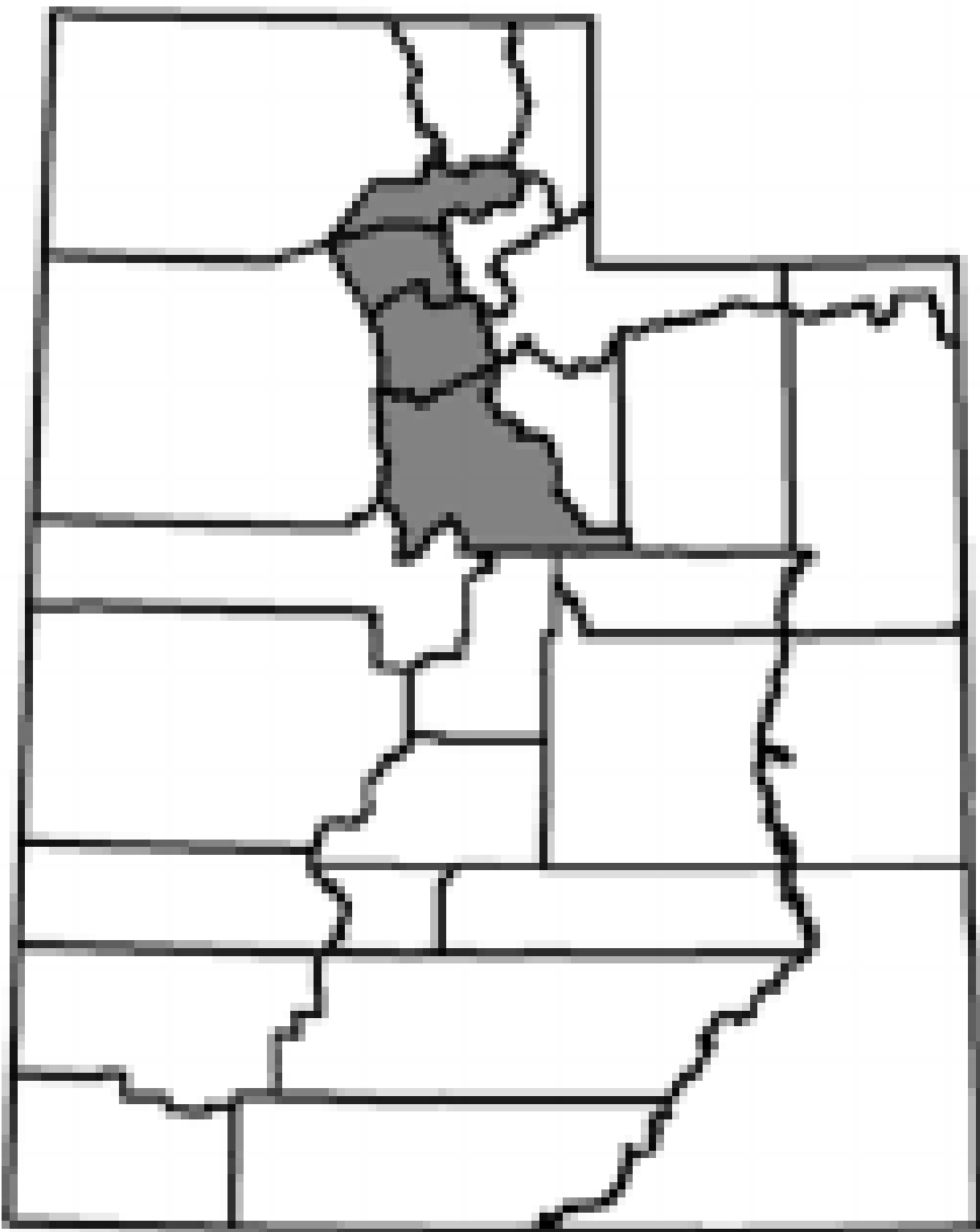
Demographics

Utah's (UT) population is projected to increase from 3.1 million in 2018 to 5.8 million people in 2065. This represents an annual average rate change of 1.3%. (1)

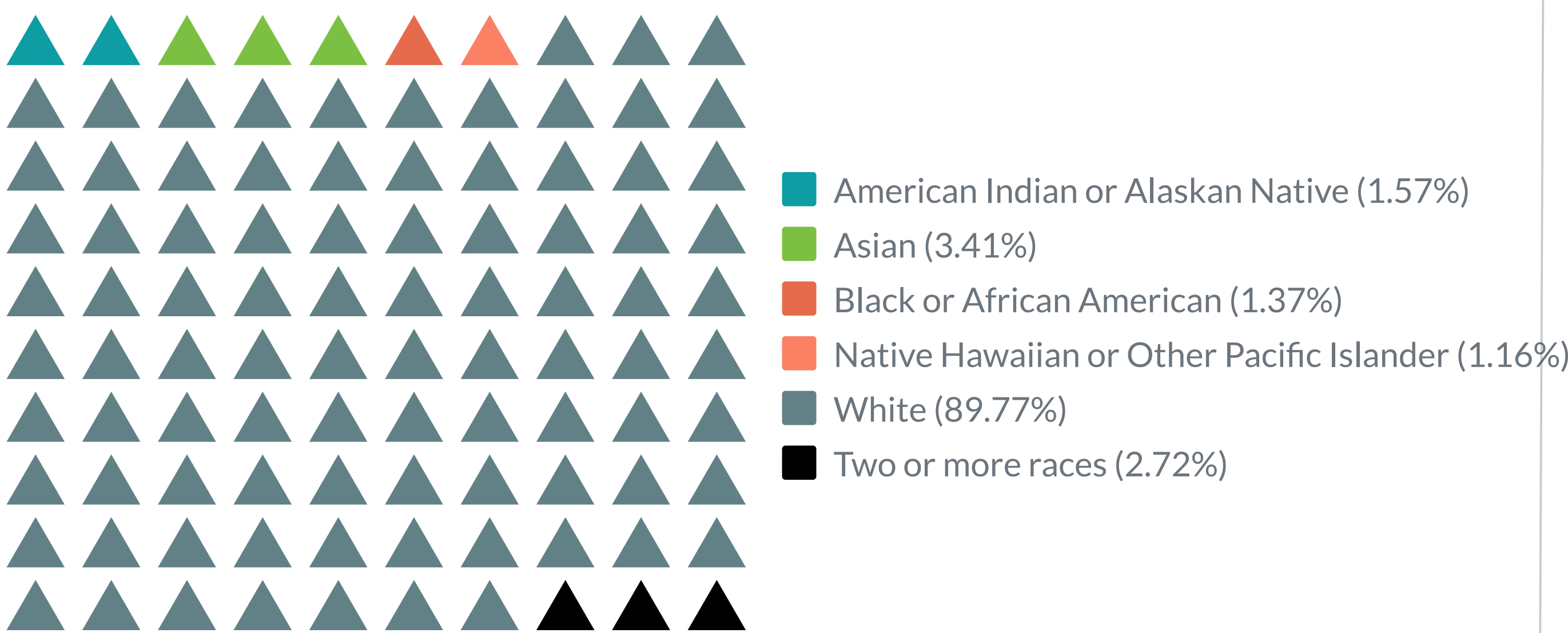
In 2018, the total female population represented 49.6% (1,568,962) of the state's total population. The number of females ages 18-44 (considered the reproductive years in this report) was 615,572, which is nearly 40% of all UT women. (2)

77.6%

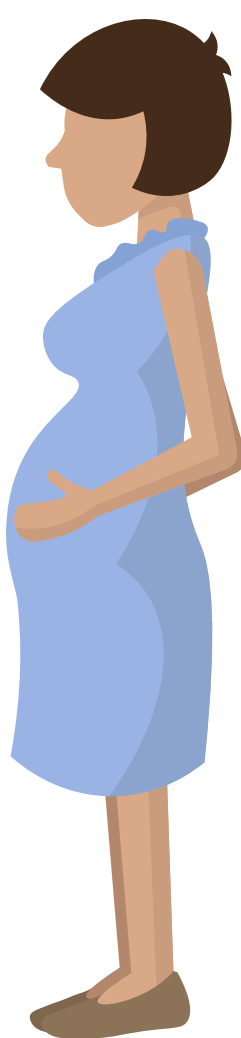
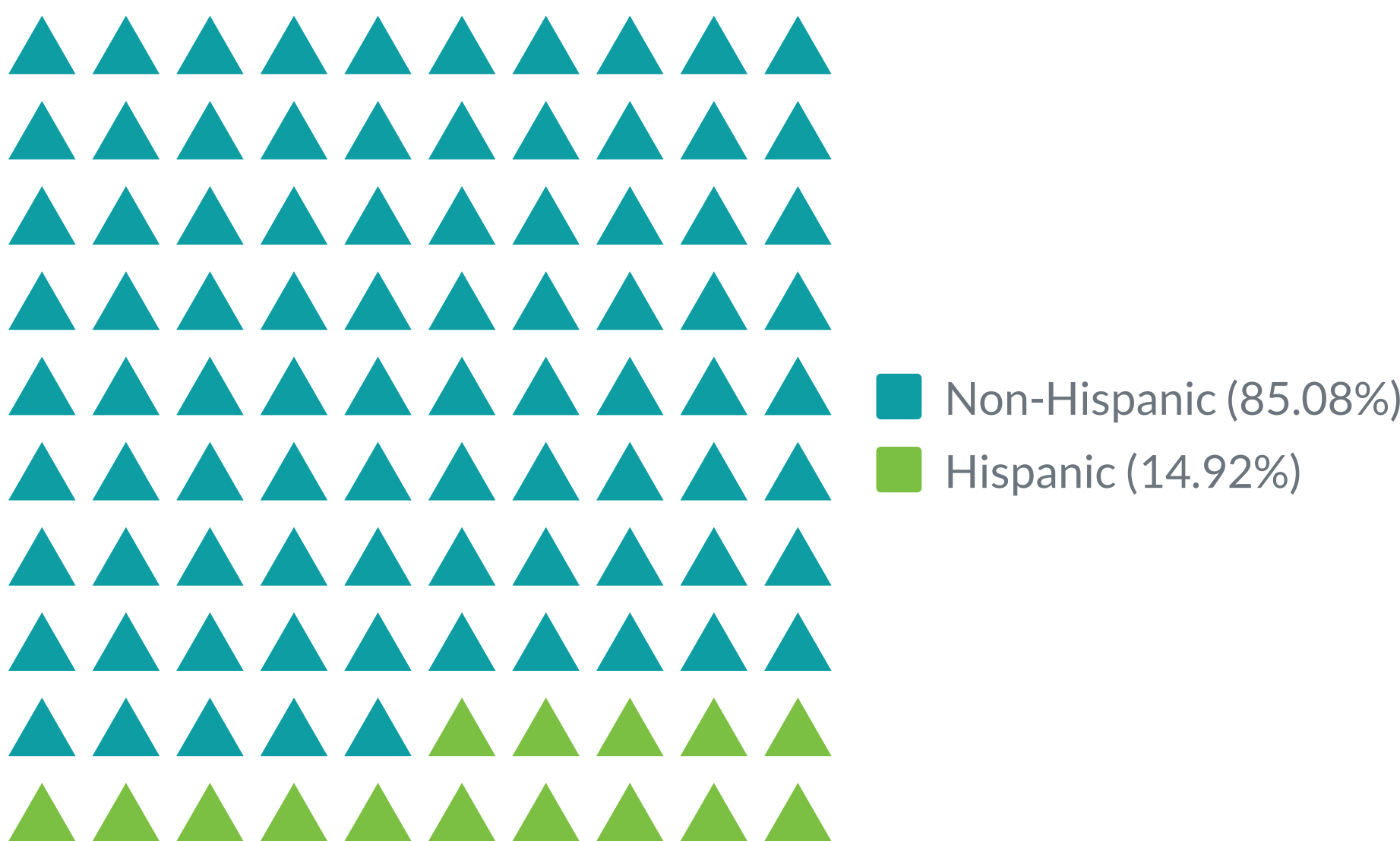
of women ages 18-44 years, live among the Wasatch Front (Weber, Davis, Salt Lake, and Utah counties) (2)



Race, by age, 15-44, females, 2018



Ethnicity, by age, 15-44, females, 2018



In UT, the **general fertility rate** has decreased from a high of 95.6 in 2007, to 68.4 in 2018 (3)

68.4

GENERAL FERTILITY RATE

The general fertility rate is the number of live births per 1,000 females between the ages of 15-44.

1. Perlich, P. S., Hollingshaus, M., Harris, E. R., Tennert, J., & Hogue, M. T. (2017, July). Research Brief Utah's Long-Term Demographic and Economic Projections Summary. Retrieved April 23, 2020, from <https://gardner.utah.edu/wp-content/uploads/Projections-Brief-Final-Updated-Feb2019.pdf>

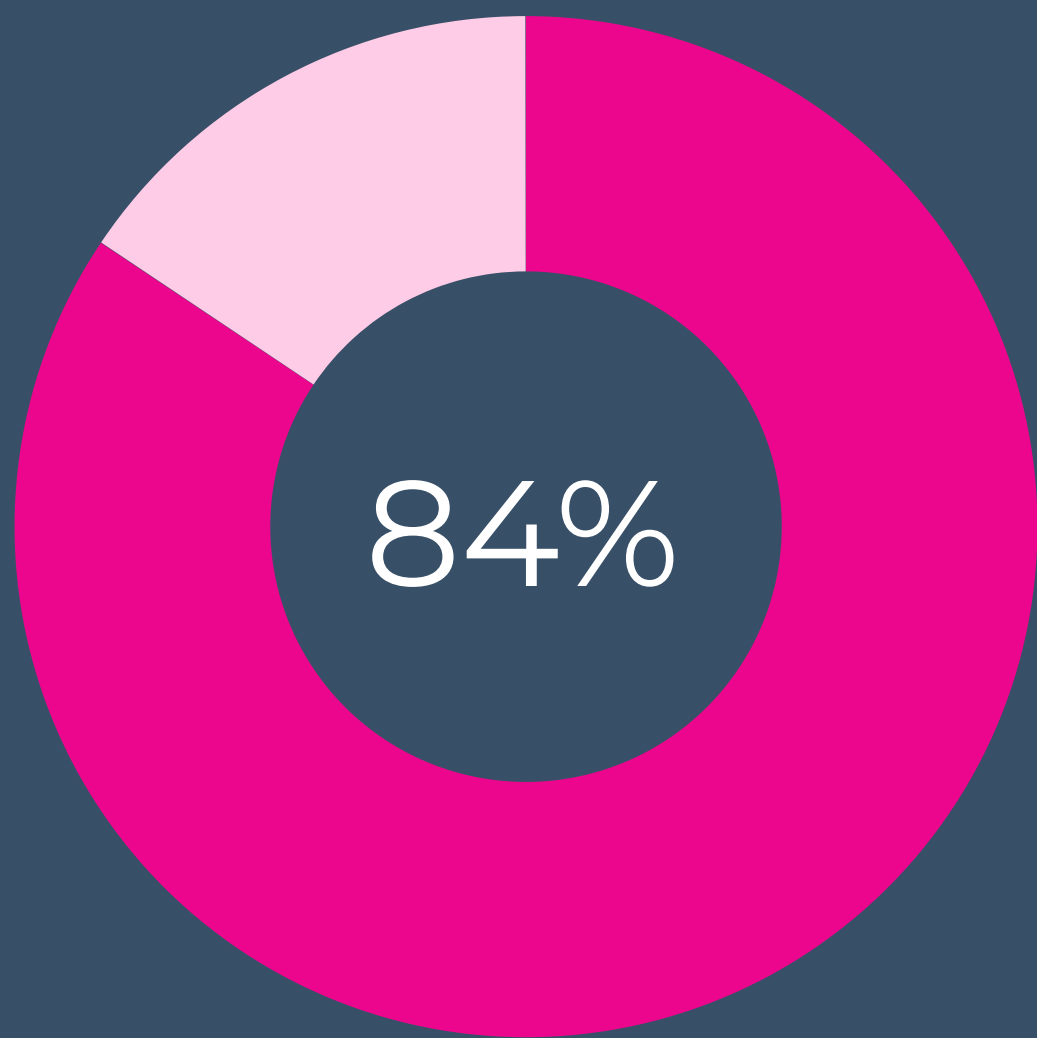
2. Population Estimates. Retrieved on April 23, 2020 from Utah Department of Health, Center for Health Data and Informatics, Indicator-Based Information System for Public Health website: <http://ibis.health.utah.gov/>.

3. Utah Birth Certificate Database. Retrieved on April 23, 2020 from Utah Department of Health, Center for Health Data and Informatics, Indicator-Based Information System for Public Health website: <http://ibis.health.utah.gov/>.

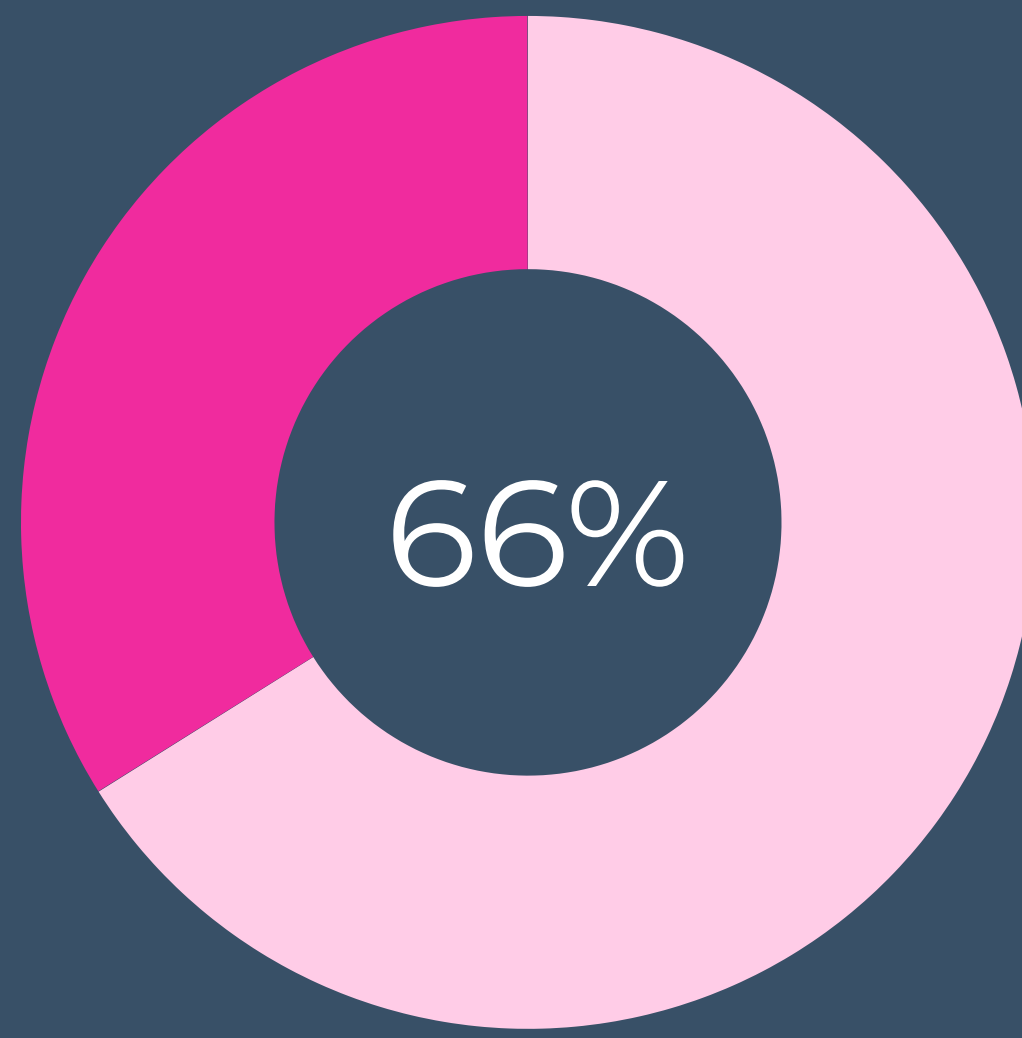


PREVENTIVE HEALTH

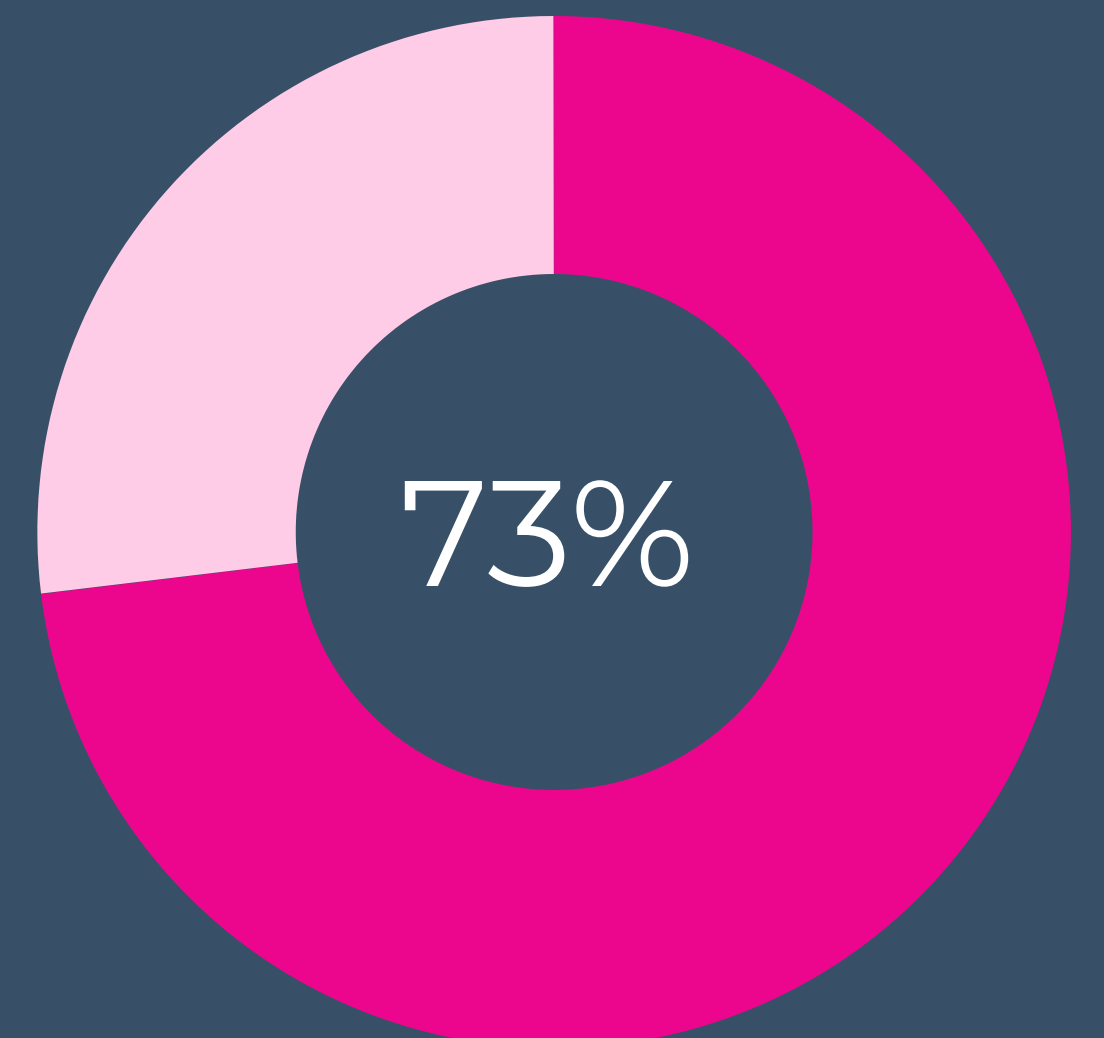
Preventive healthcare and services are important for maintaining good health. Early detection and treatment of diseases can improve the chances of full recovery. Yearly well-woman visits can influence health behaviors and may prevent certain diseases. The 2018 Utah Behavioral Risk Factor Surveillance Systems (BRFSS), found that



of women have insurance

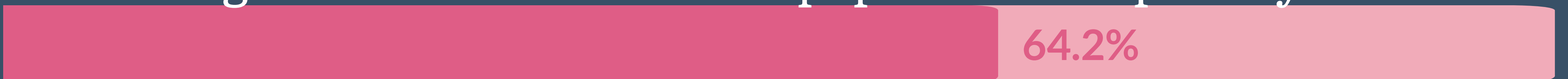


of women visited a doctor for a routine checkup in the past year

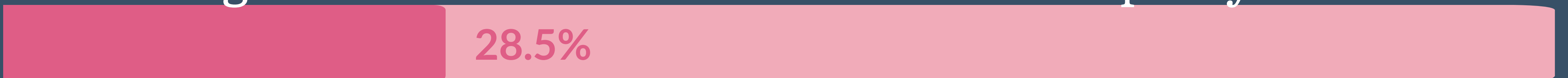


of women had a dental visit in the last year

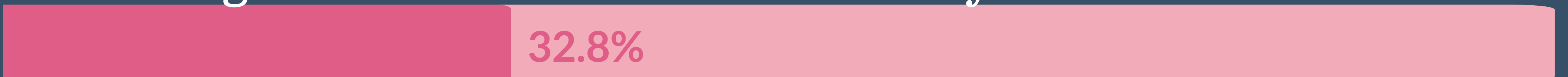
Women ages 18-44 who have had a pap test in the past 3 years



Women ages 18-44 who had a flu shot within the past year



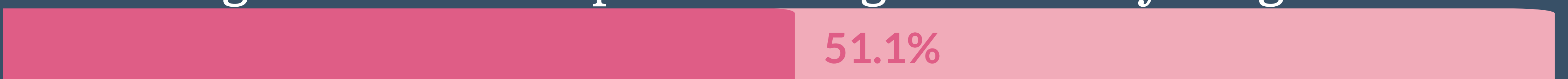
Women ages 18-44 who took folic acid daily

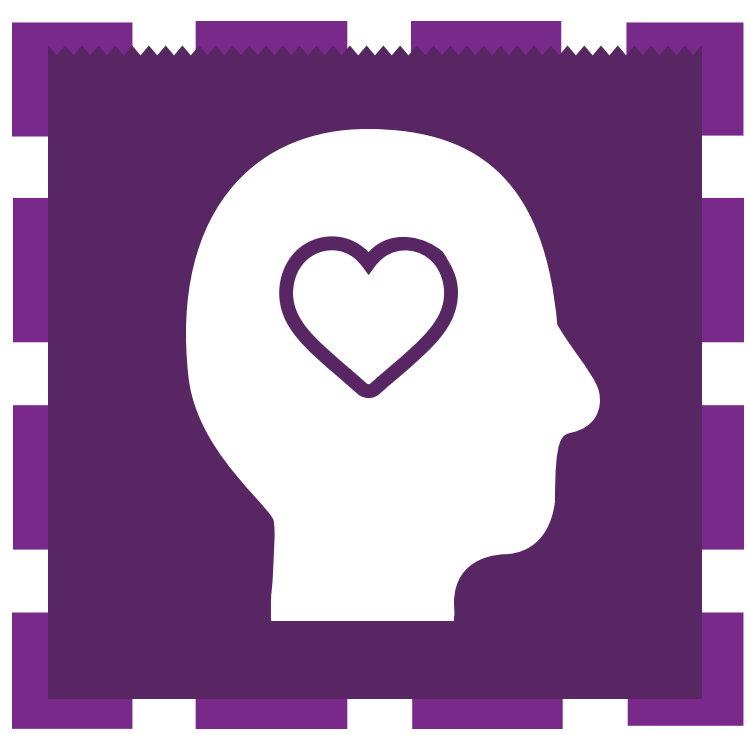


Women ages 18-44 who exercised in the past month



Women ages 18-44 who reported being at a healthy weight



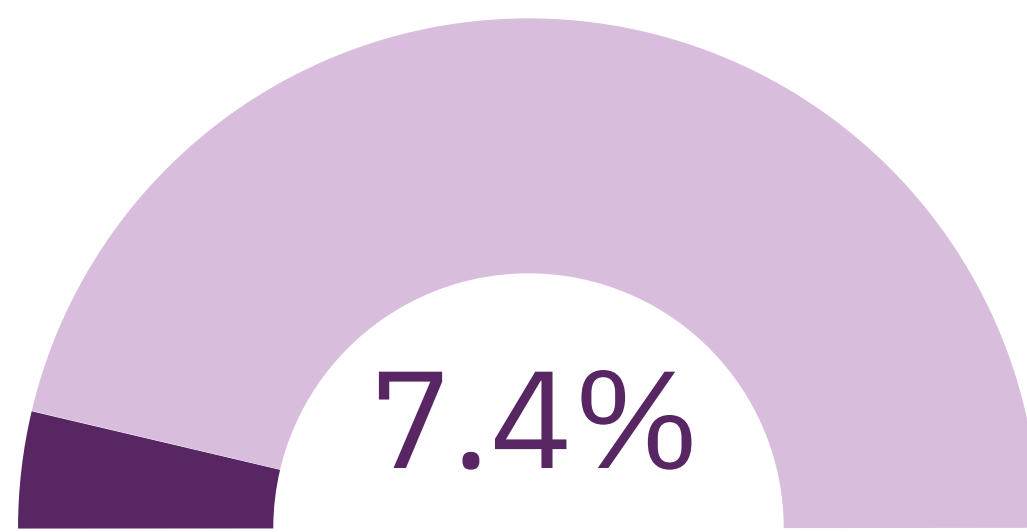


Mental Health and Substance Use

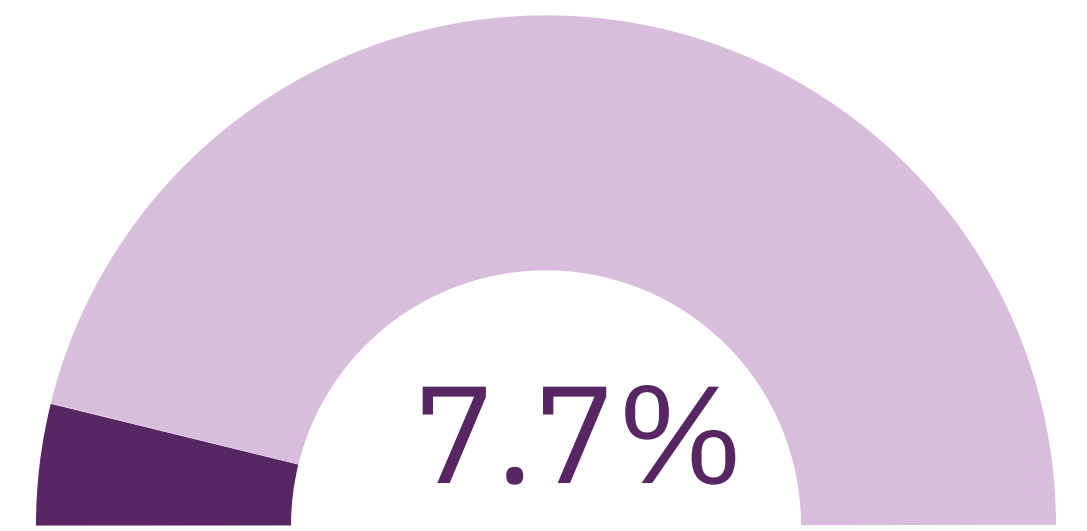
in women ages 18-44, 2018

32%

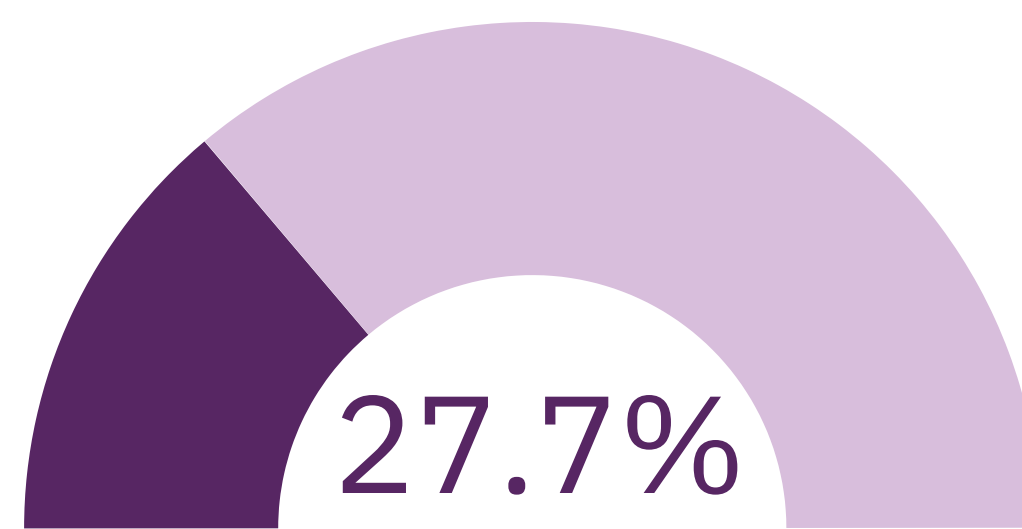
of UT women
have been
diagnosed with
depression, minor
depression,
dysthymia, or
major depression



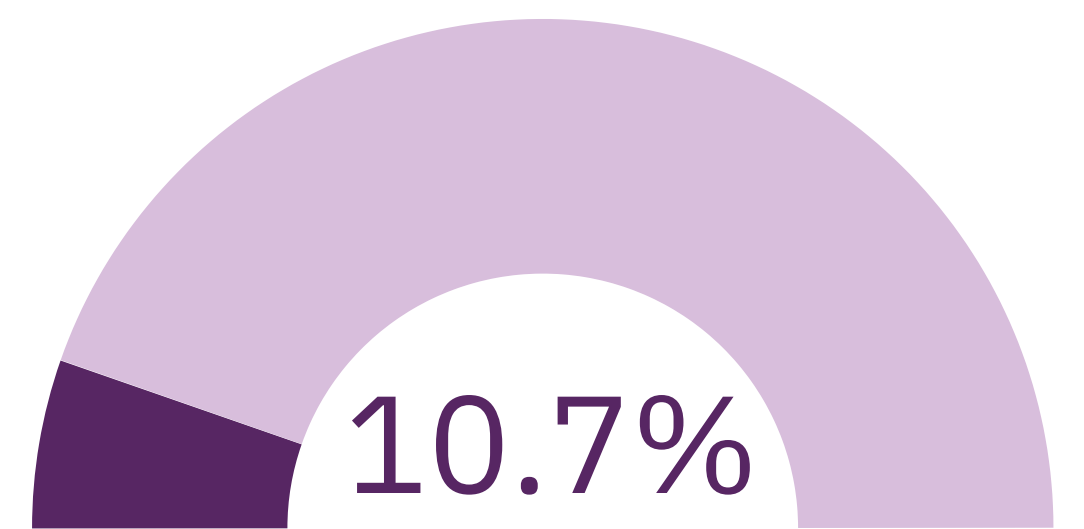
Current Smokers



**Current E-
Cigarette Use**



**Had at least one
alcohol drink in the
last month**



**Engage in binge
drinking**
4+ drinks on one or more
occasions in the past month



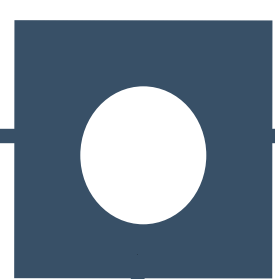
Violence and Injury



**Intimate Partner
Violence**

18.1%

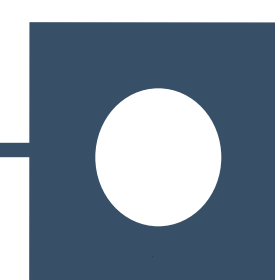
of adult females reported that they
had been a victim of intimate partner
violence in 2016



Homicides

24

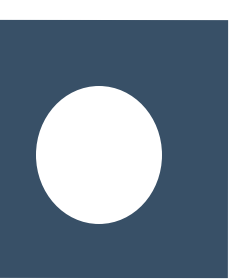
reported cases of female
homicide victims in 2018



Suicides

149

women died by suicide in 2018



Adverse Childhood Experiences

Adverse childhood experiences, or ACEs, is defined by the CDC as potentially traumatic events that occur in childhood (0-17 years). For example: experiencing violence, abuse or neglect; witnessing violence in the home or community, or having a family member attempt or die by suicide. Also included are aspects of the environment in which a child grew up that hurt their sense of safety, stability, and bonding such as being in a household with substance abuse; mental health problems, or instability due to parental separation due to parent/guardian members being in jail or prison.

The more ACEs a woman reports, the higher her risk of chronic health problems, mental illness, and substance misuse adulthood.



22.1% of Utah women between the ages 18-44, reported that they had experienced 4+ ACEs in 2018

Preventing Adverse Childhood Experiences |Violence Prevention|Injury Center|CDC. (2020, April 3). Retrieved from <https://www.cdc.gov/violenceprevention/childabuseandneglect/aces/fastfact.html>

Lived with anyone who was depressed, metally ill, or suicidal



Lived with anyone who served time or was sentenced to serve time in a prison, jail, or other correctional facility



Lived with anyone who was a problem drinker or alcoholic, used illegal street drugs or abused prescription medication



Parents seperated or divorced



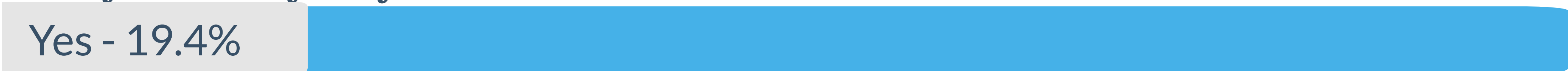
Parents or adults in home slap, hit, kick, punch or beat each other up



Parents or adults in home swear at you, insult you, or put you down



Before age 18, a parent or adult in your home hit, beat, kick, or physcially hurt you in any way



Before age 18, a parent or adult in your home hit, beat, kick, or physcially hurt you in any way



Resources

The Report Card is produced using a variety of data sources ranging from 2007-2018. Much of the data used for this report card were reported in 2017; however, if different, the data collection year is indicated next to each heading or topical area. Data collection methods may vary by year and sample size and can differ for each reporting system or published report.

Resources

Perlich, P. S., Hollingshaus, M., Harris, E. R., Tennert, J., & Hogue, M. T. (2017, July). Research Brief Utah's Long-Term Demographic and Economic Projections Summary. Retrieved April 23, 2020, from <https://gardner.utah.edu/wp-content/uploads/Projections-Brief-Final-Updated-Feb2019.pdf>

Utah Behavioral Risk Factor Surveillance System. Retrieved on April 23, 2020 from Utah Department of Health, Center for Health Data and Informatics, Indicator-Based Information System for Public Health website: <http://ibis.health.utah.gov/>.

Anderson, J. L., & Willcomre, G. (2019, September 23). Crime in Utah 2018. Retrieved April 23, 2020, from <https://bci.utah.gov/wp-content/uploads/sites/15/2019/09/CIU-2018-1.pdf>

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More Information

mihp.utah.gov

poweryourlife.org



@poweryourlifeut



@poweryourlifeut



poweryourlife@utah.gov



"If you check the health of a woman, you check the health of a society"

Rebecca Milner