

2021 annual report

Thank you for your dedication to the <u>mission</u> of UWNQC and for all the volunteers who helped with projects during a difficult year.

On the Obstetric Care for Women with Opioid Use Disorder AIM Safety Bundle, various resources were developed to provide to your communities. We launched 2 new projects focusing on undocumented maternal patients and family engagement in the NICU. This with the ongoing challenges of serving your patients and families during a pandemic. You truly rock!

Who are the rocks in your life? I'd encourage you to reach out to them and tell them how you appreciate their love and support. We have a lot of rocks in Utah--thank you for being a rock to your patients and their families. I appreciate the opportunity to serve as Board Chair and thank you for serving Utah moms and babies.

Angela Anderson, CNM, DNP, UWNQC Board Chair

"Life is a journey with big rocks to climb, little ones to trip over, & milestones to mark where we have been."--David Cuschieri







UWNQC Committee highlights



Improve maternal outcomes

A project is underway to develop a toolkit of patient and clinician resources for the undocumented maternal patients, with a focus on Latino/Hispanic patients. Data was gathered from community leaders and organizations serving this population and shared at committee meetings. Interviews with community leaders is nearing completion. Thank you to Frank Powers and Bryanna Cordeiro for their leadership on this project.



Improve maternal mental health

The <u>Maternal Mental Health Referral Network</u> website was updated. Governor Cox issued a declaration announcing February as Maternal Mental Health Month. The committee implemented recommendations on screening frequency, screening tool, and a response and triage algorithm as well as drafted a maternal mental health toolkit. Presentations on maternal mental health were given at the Utah Association of Women's Health, Obstetric and Neonatal Nurses 2021 conference.



Improve neonatal outcomes

A town hall on Family Engagement in the NICU was hosted for hospital providers. A similar project has been done by the Florida Perinatal Quality Collaborative. The project driver diagram was drafted and the committee is now planning how to best implement this tool with NICUs across the state.



Develop out-of-hospital and community birth resources

The <u>transfer feedback survey</u> was updated to include patient feedback and promotion of the survey has begun. The committee provided feedback on the content for the EMS and out-of-hospital provider online modules. An infographic on out-of-hospital births was created. The transfer forms were updated and streamlined. Presentations to share committee progress were given to the Alaska Out of Hospital Birth Group and the Utah Midwives Organization Conference.



Implement safety bundles

Birthing hospitals in Utah and Wyoming are collaborating to implement the AIM Opioid Use Disorder Safety Bundle. Resources include hosting 11 <u>telehealth sessions</u> on various aspects of the Safety Bundle. The <u>Opioid Use Disorder Resources for Women and Families</u> website is now available in <u>Spanish</u>. Hospitals received Helping Opioid Patients Excel (HOPE) folders--<u>HOPE Folders English</u> and <u>HOPE folders Spanish</u>, along with naloxone to provide to maternal patients who screen for Substance Use Disorder. Title V summer interns developed <u>Substance Use Disorder resources for 9 local health departments</u>.

UWNQC committee	Committee chair	Email address
Improve maternal outcomes	Frank Powers	fpowers@chc-ut.org
Improve maternal mental health	Gwen Latendresse	<u>gwen.latendresse@nurs.utah.edu</u>
Improve neonatal outcomes	Jessica Davidson	jessica.davidson@hsc.utah.edu
Develop out-of-hospital births resources	Erin Clark	erin.clark@hsc.utah.edu
Implement safety bundles	Heather Sarin	<u>hsarin@utah.gov</u>

UWNQC highlights



5 UWNQC committees with 200+ volunteer members.



2 Title V summer interns produced 9 local health department substance use disorder resource summaries.



47 Utah hospitals and 32 Wyoming hospitals received HOPE folder Mailings.



384 naloxone kits delivered to Utah hospitals and Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN) members.



16 speakers for 11 opioid use disorder telehealth sessions with 359 attendees from over 90 organizations.



1 town hall on family engagement in the NICU.



252 out-of-hospital birth transfer feedback surveys received to date.



1 board chair AIM presentation to perinatal quality collaboratives from 35 states on UWNQC progress.



12,600 Instagram followers on <u>Maternal Mental Health</u> <u>Utah</u> and 2,500 followers on <u>Facebook.</u>



88 "You're on Mute" or "Can you hear me now?" during Zoom meetings.

Icons from The Noun Project





Bryanna Cordeiro, MD, attended the University of Washington School of Medicine with a specialty in Family Medicine. She is currently leading the Maternal Subcommittee on the undocumented Latinx or Hispanic Maternal Patients. Her professional interests include full spectrum family medicine, obstetrics, women's health and pediatrics. She enjoys hiking; knitting; soccer; and spending time with her husband, son and dogs. Fun fact—she has 2 adopted sisters, so she has been an only child, younger child, and now a middle child! We sincerely appreciate her help and dedication on the maternal project to serve the Latinx/Hispanic community.

Thank you to our partners!



We'd love to hear your ideas and suggestions.

UWNQC@utah.gov (801) 273-2865