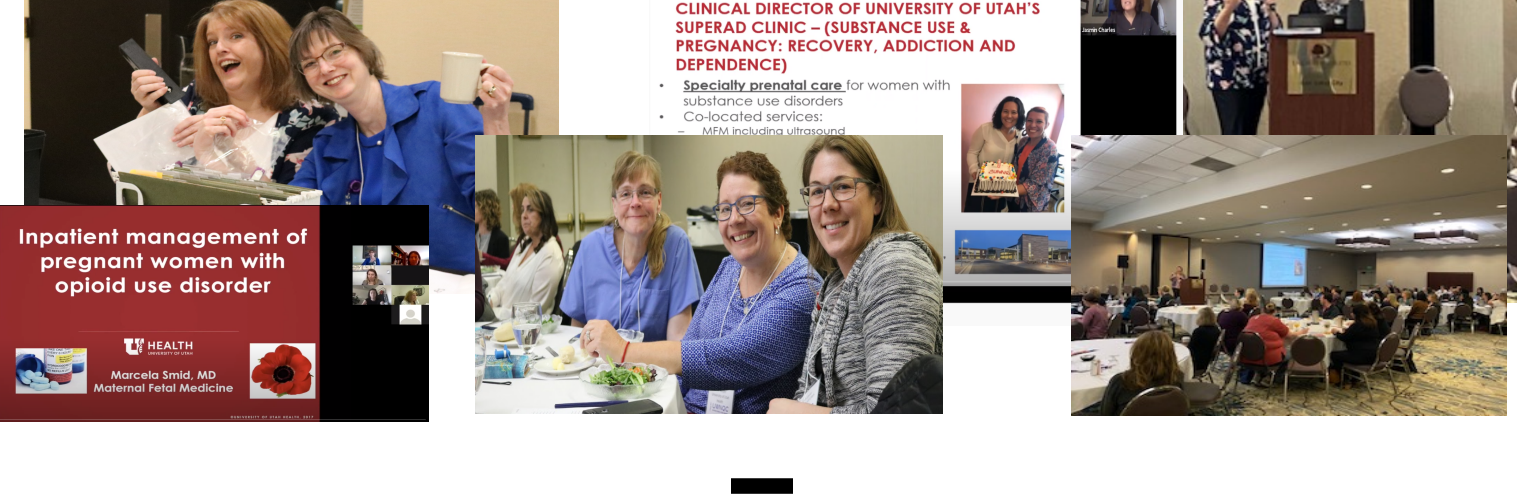


2020 Annual Report

Thank you to the dedicated UWNQC volunteers who tirelessly helped on our projects during this challenging year. We launched the Obstetric Care for Women with Opioid Use Disorder AIM Safety Bundle and provided 13 telehealth education sessions. The Out of Hospital Birth Committee presented their progress to the National Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN) national conference. UWNQC obtained AIM funding for a Breaking Through Implicit Bias in Maternal Healthcare Project. The National Network of Perinatal Quality Collaboratives (NNPQC) and the Institute for Healthcare Improvement (IHI) provided the opportunity for 3 board members to participate in the IHI Breakthrough Series (BTS) College. We provided you COVID-19 resources and appreciate all the challenges of serving your patients and families during a pandemic.

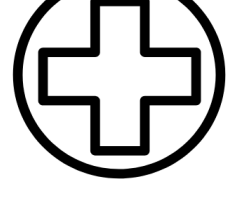
Let us know what we can do to help you continue to improve the health outcomes for Utah women and babies. You can reach out at UWNQC@utah.gov or contact Heather Sarin hsarin@utah.gov (801) 273-2856 with your ideas and feedback. Thank you for the opportunity to serve as Board Chair and I look forward to working together in 2021!

Angela Anderson, CNM, DNP, UWNQC Board Chair



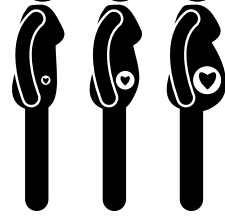
UWNQC Committee Highlights

Click on icons for more info



Implement Safety Bundles

Utah and Wyoming hospitals are collaborating to implement the Opioid Use Disorder Safety Bundle. We hosted 13 telehealth sessions on various aspects of the Safety Bundle with over 185 participants from 70 organizations. Thanks to AIM funding, we started an Implicit Bias in Maternal Healthcare Project. Please share our new [Opioid Use Disorder Resources for Women and Families](#) website.



Improve Maternal Outcomes

We have historically worked on reducing Preterm Birth and took a break for most of 2020. In 2021, the committee will determine their next focus. Thank you to Sean Esplin for diligently leading this committee, we appreciated his leadership and support of efforts to reduce spontaneous Preterm Births.



Improving Maternal Mental Health

The [Maternal Mental Health Referral Network](#) website launched providing statewide information on Maternal Mental Health Providers. The committee has implemented recommendations on Screening Frequency, Screening Tool (Edinburgh Postnatal Depression Scale and screening for risk factors) and a Response and Triage algorithm in four pilot sites.



Improve Neonatal Outcomes

This committee has historically worked on Neonatal Abstinence Syndrome (NAS) and is pivoting to a new project. A Doctorate of Nursing Student is working on a Thermoregulation Toolkit which is currently being piloted. The committee chair had the opportunity to attend the Institute for Healthcare Improvement Breakthrough Series College.



Develop Out of Hospital (OOH)/Community Birth Resources

We presented to a national audience of over 1000 at the AWHONN Annual Conference. With COVID-19, there is an increase in families intending to give birth at home. Each Utah hospital now has an updated transfer guideline on the UWNQC website that shows key contacts and information if a transfer is necessary. Transfer feedback survey data was analyzed, presented and streamlined to improve response and completion rates.

UWNQC Committee	Committee Chair	Email Address
Improve Maternal Outcomes	TBD	UWNQC@utah.gov
Improve Maternal Mental Health	Gwen Latendresse	Gwen.Latendresse@nurs.utah.edu
Improve Neonatal Outcomes	Marilyn Rigby	Marilyn.rigby@gmail.com
Implement Safety Bundles	Heather Sarin	hsarin@utah.gov
Develop Out of Hospital Births Resources	Erin Clark	erin.clark@hsc.utah.edu

UWNQC Highlights



5 UWNQC committees with 200+ Volunteer members



999 Zoom meetings (ok, that may be an exaggeration, it seemed like that many!)



500+ COVID-19 Resources sent to UWNQC members



100+ attendees at AIM Safety Bundle Opioid Use Disorder kick-off and Hypertension Wrap-up meeting with 35 Utah and Wyoming hospitals



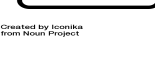
13 Opioid Use Disorder Telehealth sessions with 185 attendees from over 70 organizations



1 Out-of-Hospital Birth Presentation at AWHONN National Meeting to over 1000 participants



44 Published Out-of-Hospital Birth Transfer Guidelines on website--all birthing hospitals in Utah



1 Board Presentation and video on Interprofessional Simulation to Improve Out-of-Hospital Birth Transfers Project --Thank you to Susanna Cohen and University of Utah team!



1 Board Chair AIM Presentation to 30+ states on UWNQC Progress



3 Board members attended Institute for Healthcare Improvement (IHI) Breakthrough Series (BTS) College



350 User Licenses funded for *Breaking Through Implicit Bias in Maternal Healthcare* Project



8332 Instagram followers on [Maternal Mental Health Utah](#) and 1255 followers on [Facebook](#) (as of January, 2021)



5 year statewide Maternal and Child Health Needs Assessment Completed



Thank you to the University of Utah for facilitating the Hypertension Simulation experience at our Safety Bundle meeting. They developed resources, such as the "Flip Chart" that clinicians can reference for various scenarios in treating preeclampsia and eclampsia. The simulation exercise was divided into groups by hospital levels and had participants practice the protocols for a patient having an eclamptic seizure. This included a debrief and feedback from participants on the experience.

UWNQC Member Spotlight



Janet Fisher, RNC-OB, C-EFM

University of Utah-
Nurse Educator for the
Labor & Delivery Unit

Janet Fisher MS, RNC-OB, C-EFM is the Nurse Educator for the Labor & Delivery Unit at the University of Utah. Her initial nurses training was at Mt. Auburn Hospital in Cambridge, Massachusetts. She received her BSN from the University of Phoenix and Masters in Nursing Education from the University of Utah. Her Labor & Delivery experience started in 1980 at Presbyterian Hospital in Albuquerque, New Mexico, followed by the University of Missouri Hospital in Columbia, Missouri and for the past 26 years she has worked at the University of Utah Hospital.

Janet has been integral to all of the Safety Bundle Work, including Obstetric Hemorrhage, Severe Hypertension in Pregnancy and Obstetric Care for Women with Opioid Use Disorder. Thank you Janet for you and your team's amazing work on our Hypertension Bundle Simulations at the Safety Bundle Meeting, we sincerely appreciate your dedication and hard work on implementing Safety Bundles.

Thank you to our Partners!



Contact us: UWNQC@utah.gov (801) 273-2856